

2016 Age Friendly Survey Findings

*Conducted by Department of Public Health &
Social Services Agency*

Presented by Roshni Shah
SSA Office of Research & Evaluation
October 4, 2017

Overview

- ❑ Survey Methodology
- ❑ Key Findings from the Survey
- ❑ Next Steps



Survey Methodology

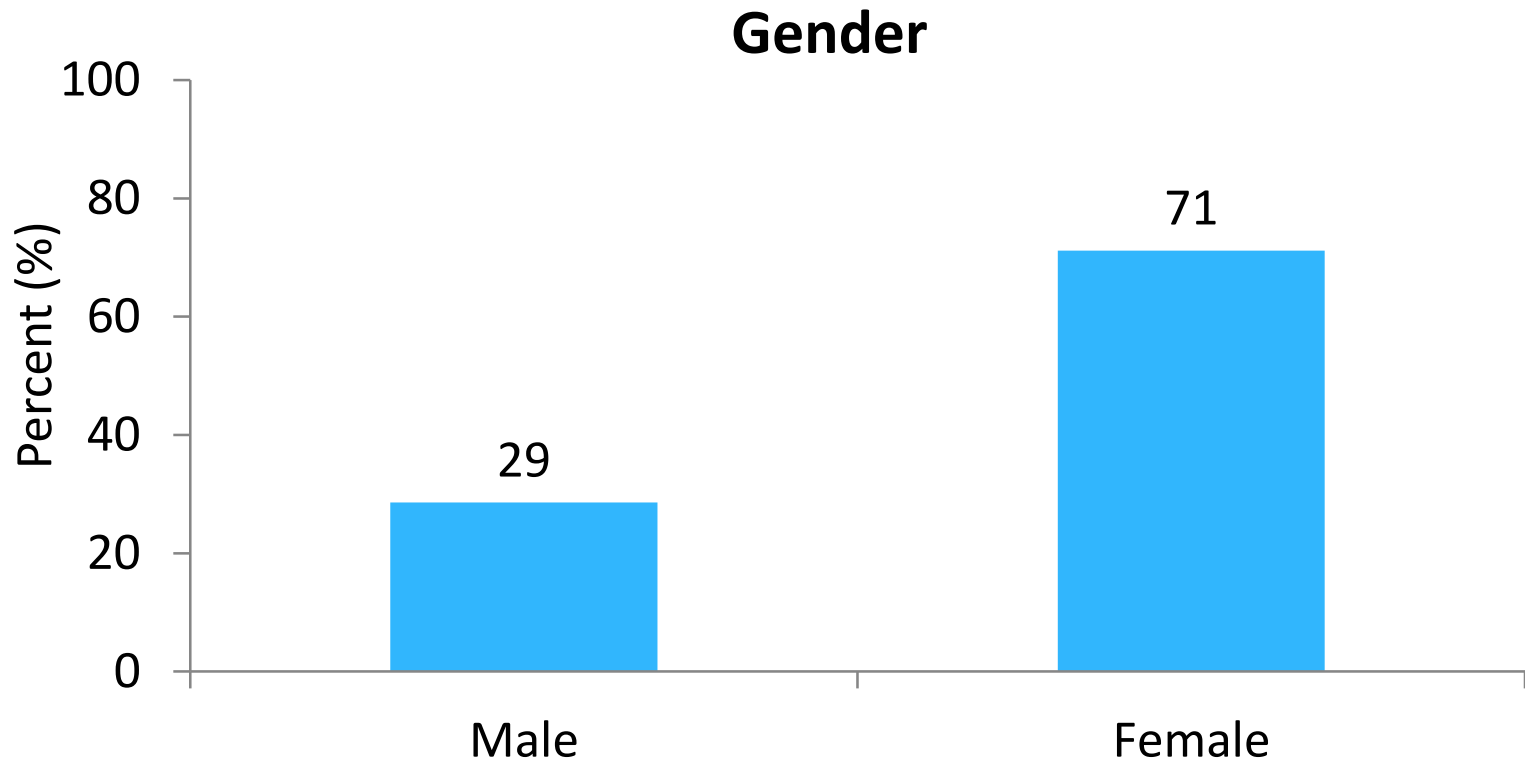
- ❑ Survey in 4 languages: English, Spanish, Chinese and Vietnamese
- ❑ Outreach done through:
 - ❖ Advertisement in SJ Mercury News
 - ❖ Cities age-friendly task forces
 - ❖ Meals on Wheels
 - ❖ Community centers and events
 - ❖ Mobile home parks
 - ❖ Low income senior housing
 - ❖ LGBT Community
- ❑ Survey dates: May 2016 – October 2016
- ❑ 37 focus groups were also conducted
- ❑ Participation was from all 15 cities in Santa Clara County

Demographics



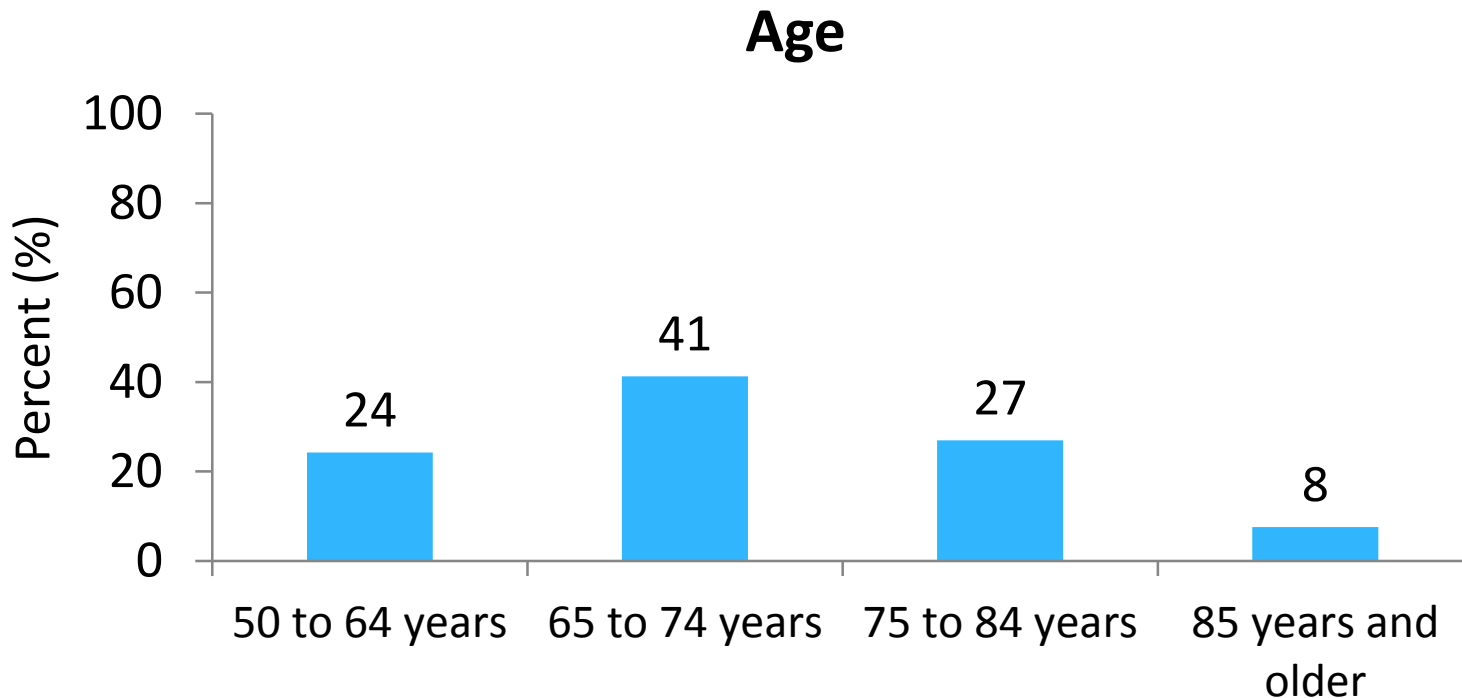
Survey Respondents by Gender

□ 1,516 valid survey responses



Survey Respondents by Age

- Seniors between the ages of 65 and 74 years old account for 41% of respondents



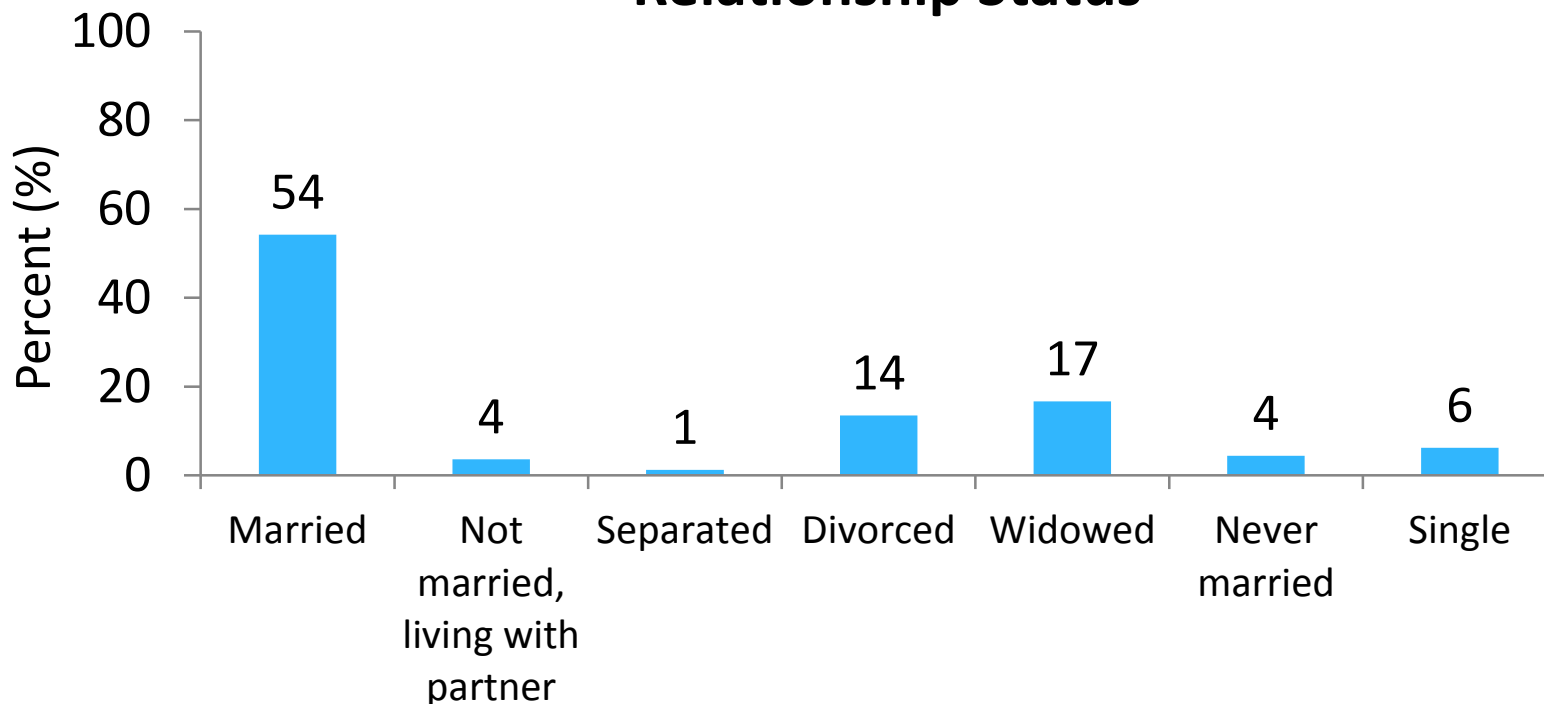
Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Current Relationship Status

- 54% of older adults in Santa Clara County are currently married, followed by 17% who are divorced.

Relationship Status

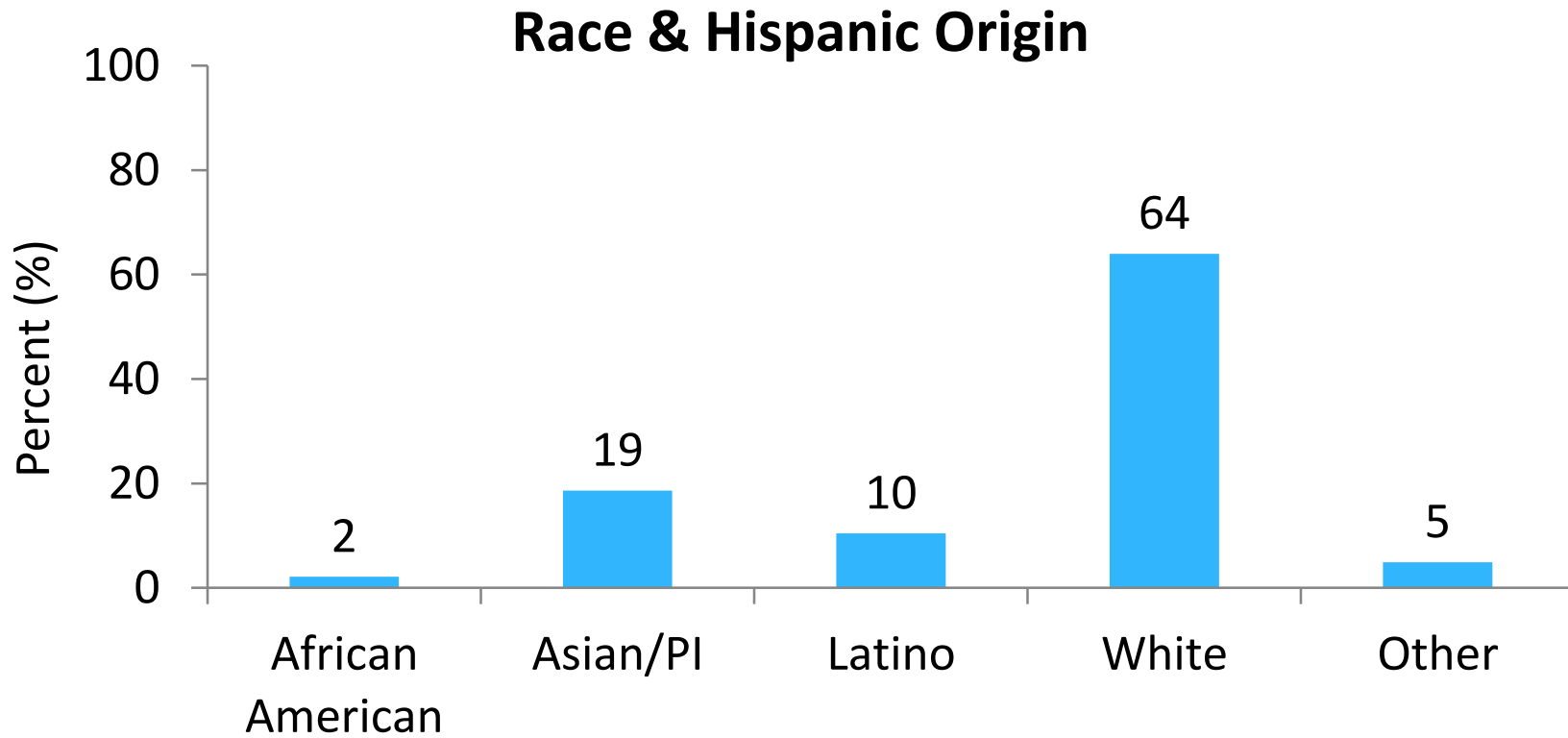


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Race & Hispanic Origin

- ❑ The majority of older adult respondents in Santa Clara County are White (64%).

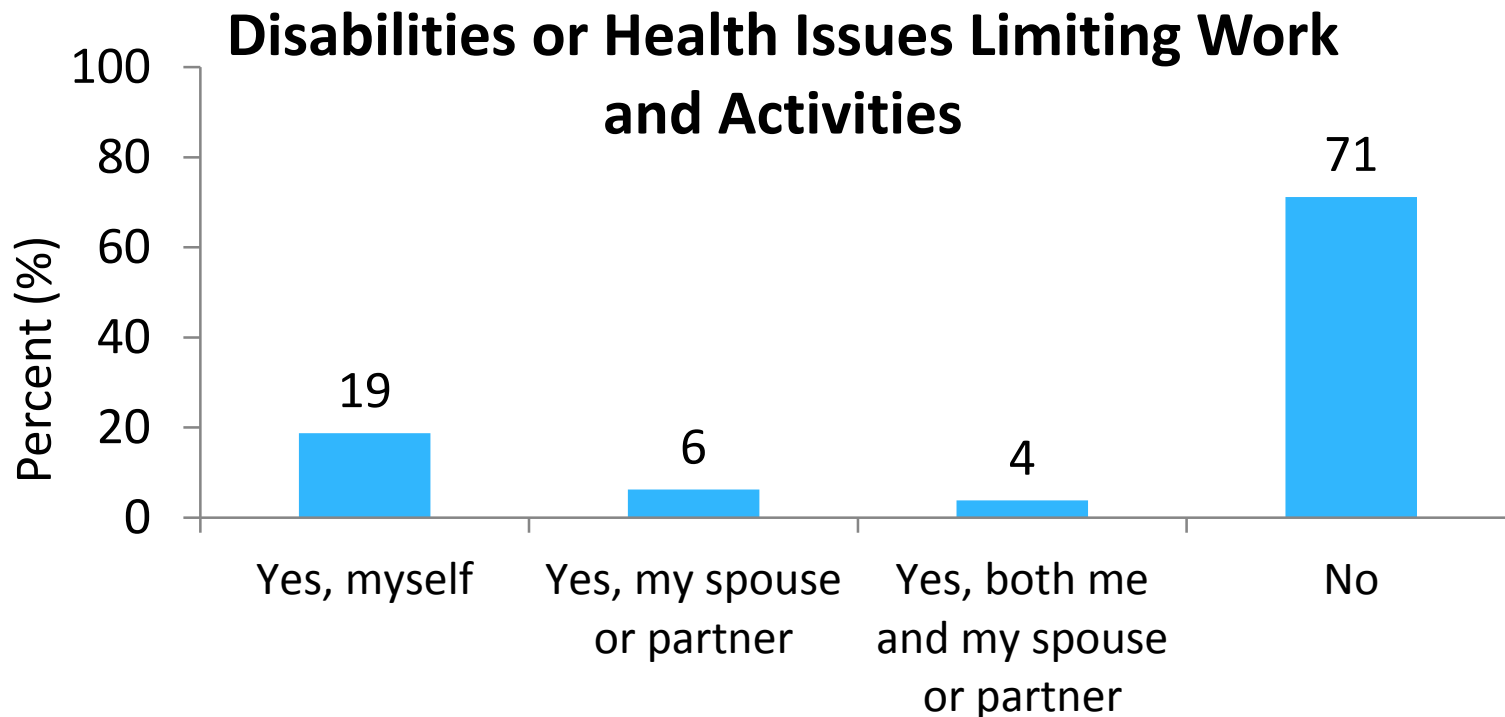


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Any Disabilities or Health Issues Limiting Work and Activities

- 71% of older adults in Santa Clara County reported having no disabilities or health issues that limit their work or other activities.

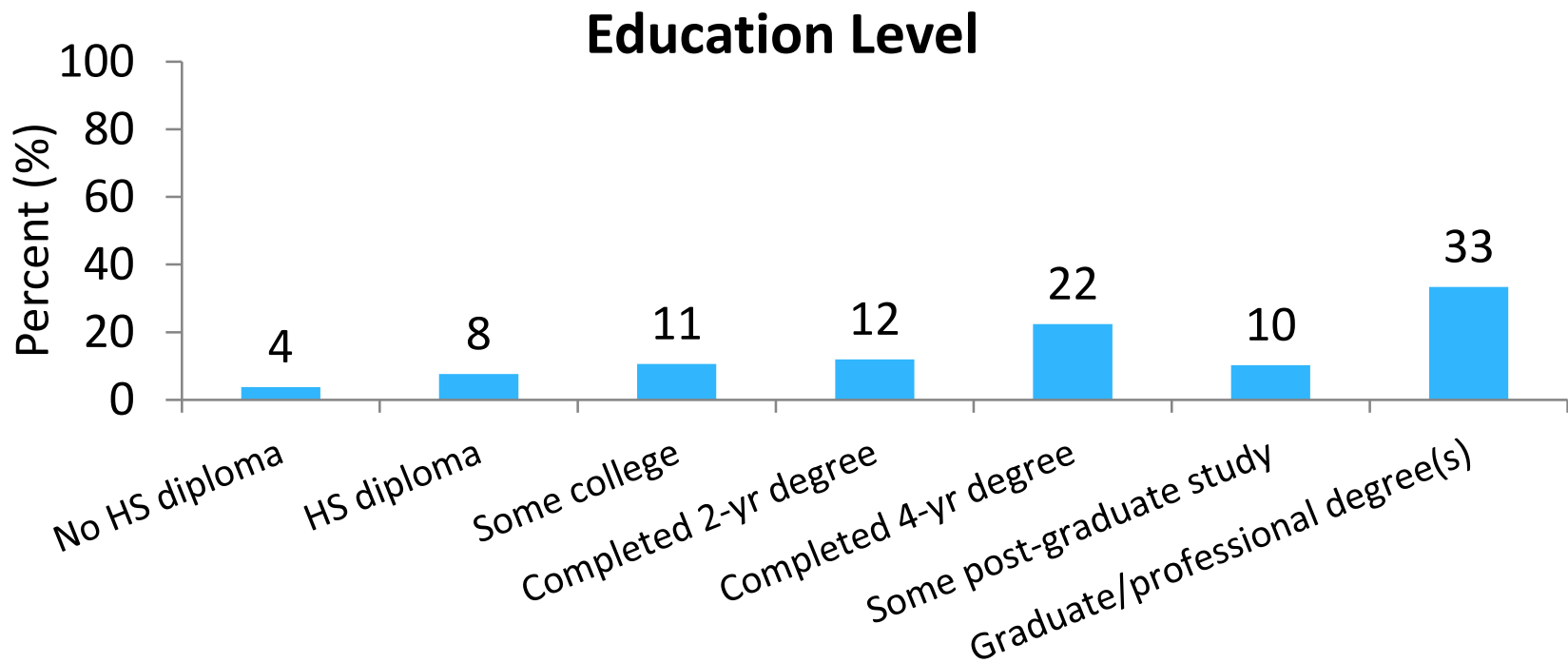


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Level of Education

- Approximately two-thirds (65%) of older adults in Santa Clara County have 4-yr college degree or higher, with one-third (33%) having a graduate or professional degree.

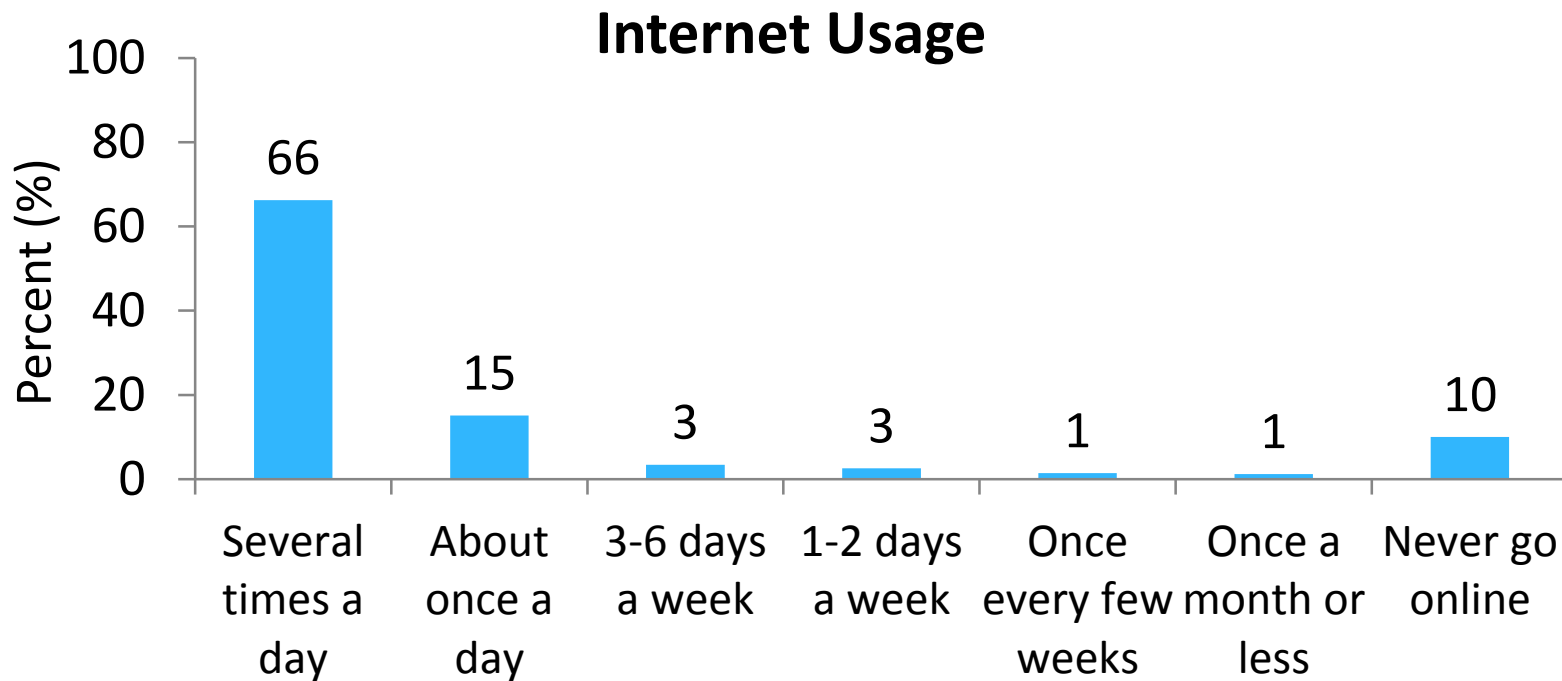


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Internet Usage

- Two-thirds (66%) of older adults in Santa Clara County reported accessing the internet several times a day to check e-mail, pay their bills, etc.

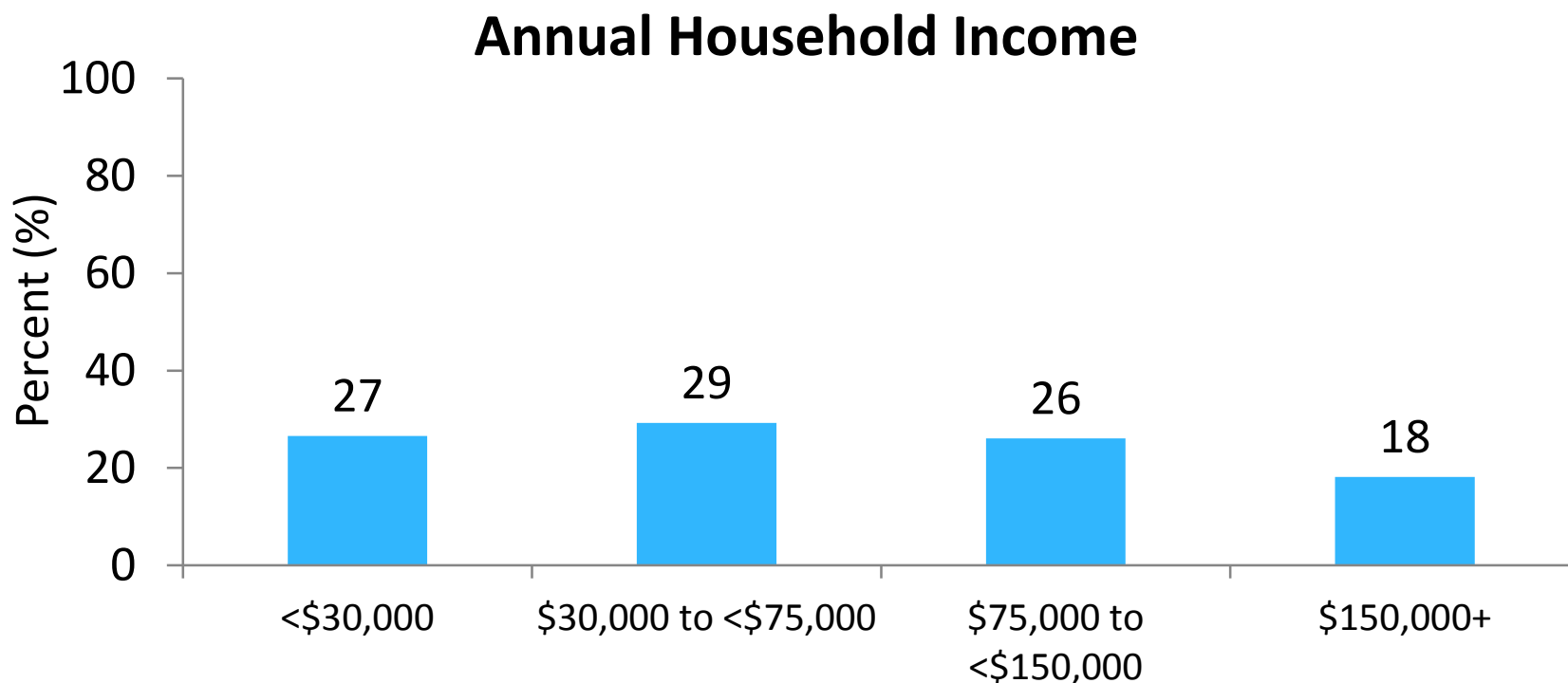


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Annual Household Income

- More than 4 in 10 (44%) older adults in Santa Clara County have an annual household income of \$75,000 or more.



Source: 2016 Santa Clara County Age-Friendly Survey

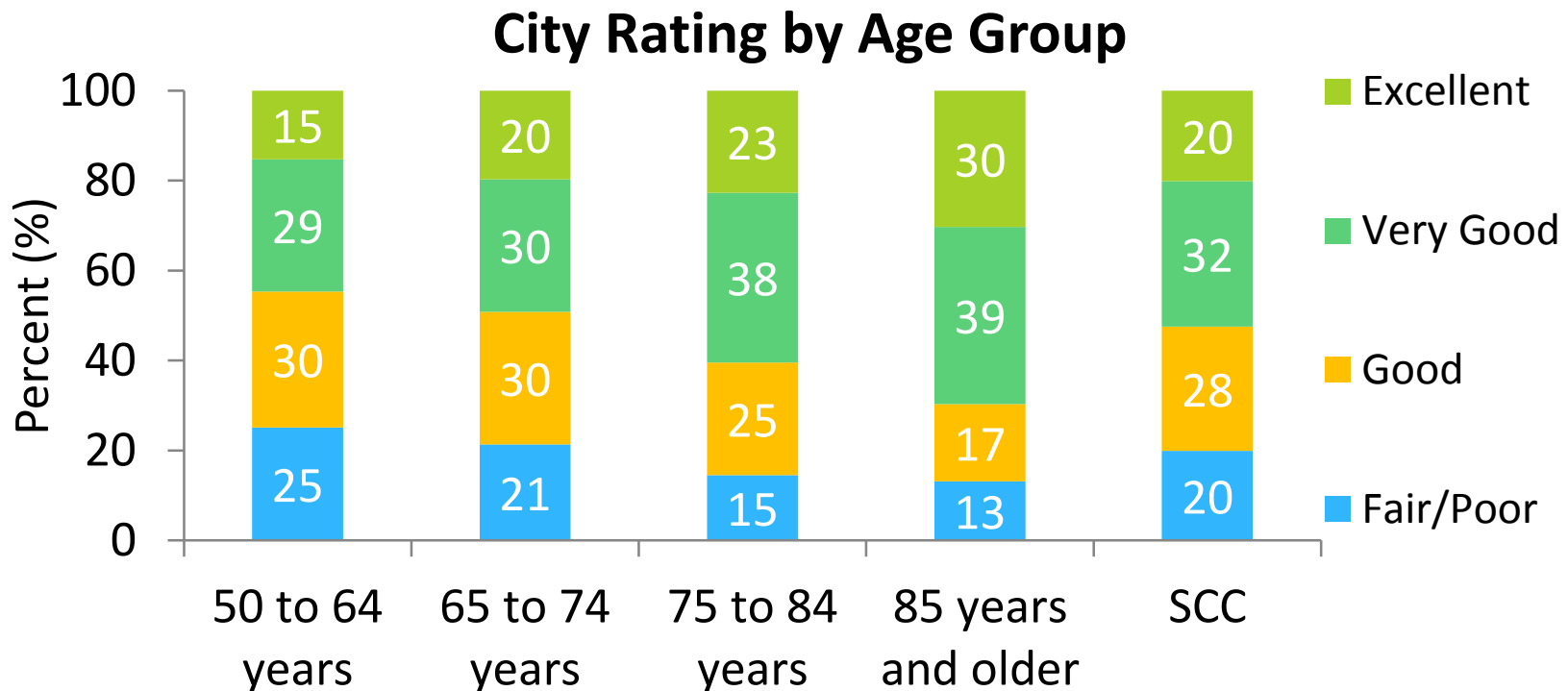
Note: Some percentages may not add up to 100 or be exact due to rounding.

Your Community



City Rating by Age Group

- Compared to younger seniors, older seniors ages 75 and older report their city as an excellent or very good place to live as they age.

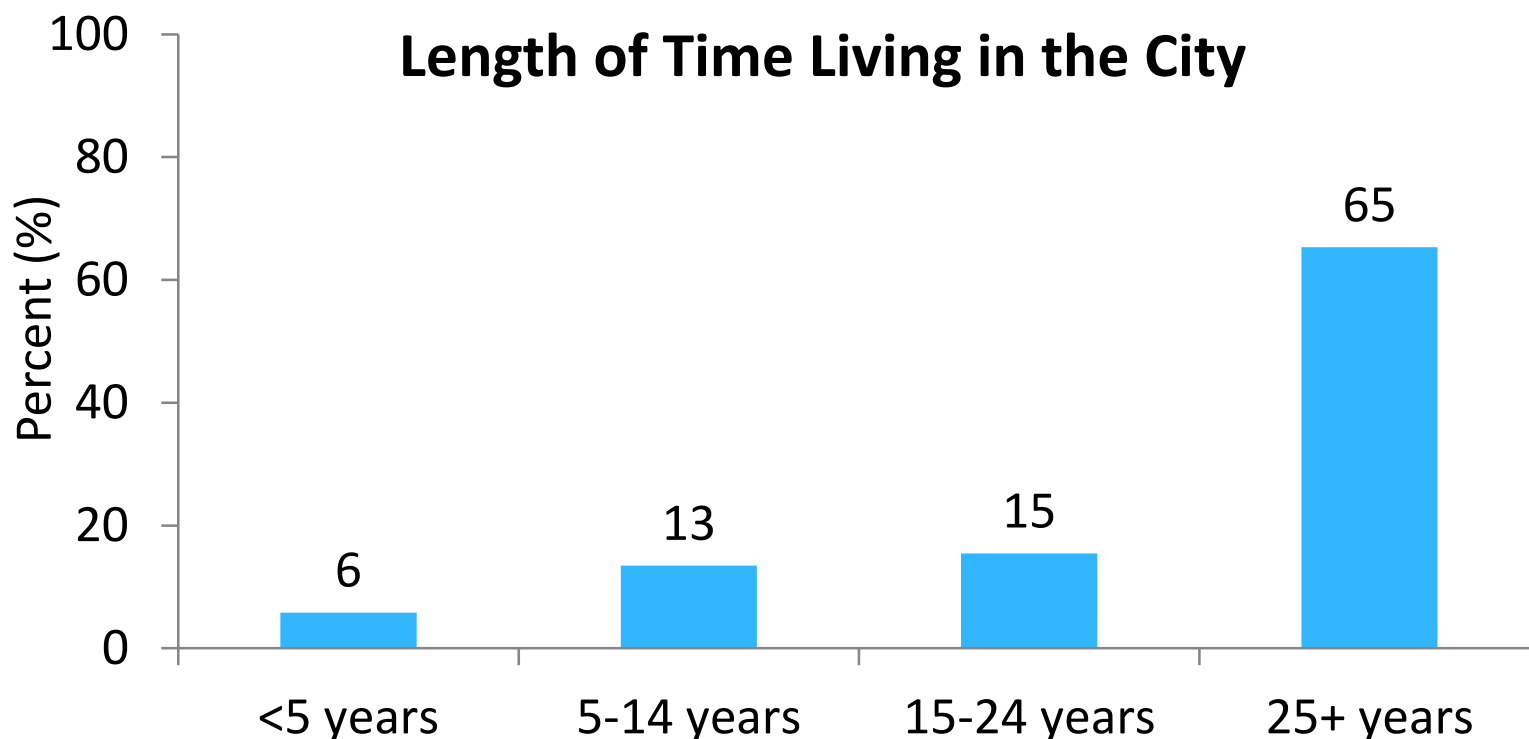


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Length of Time Living in the City

- Approximately two-thirds (65%) of older adults have lived in their cities for 25 years or more.

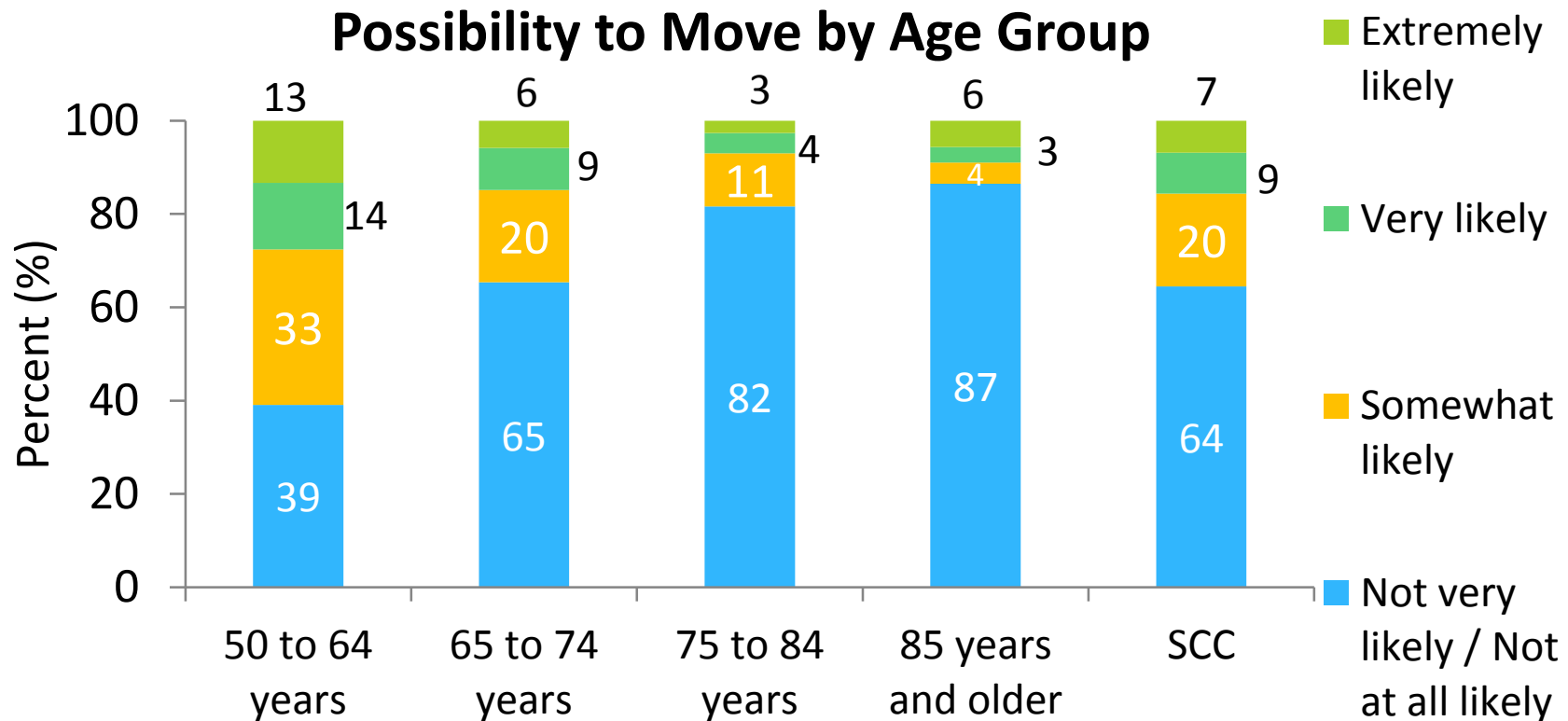


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Moving out of City by Age Group

- Younger seniors (ages 50 to 64) are more likely to consider moving out of their current city compared to older seniors (ages 75 and older).

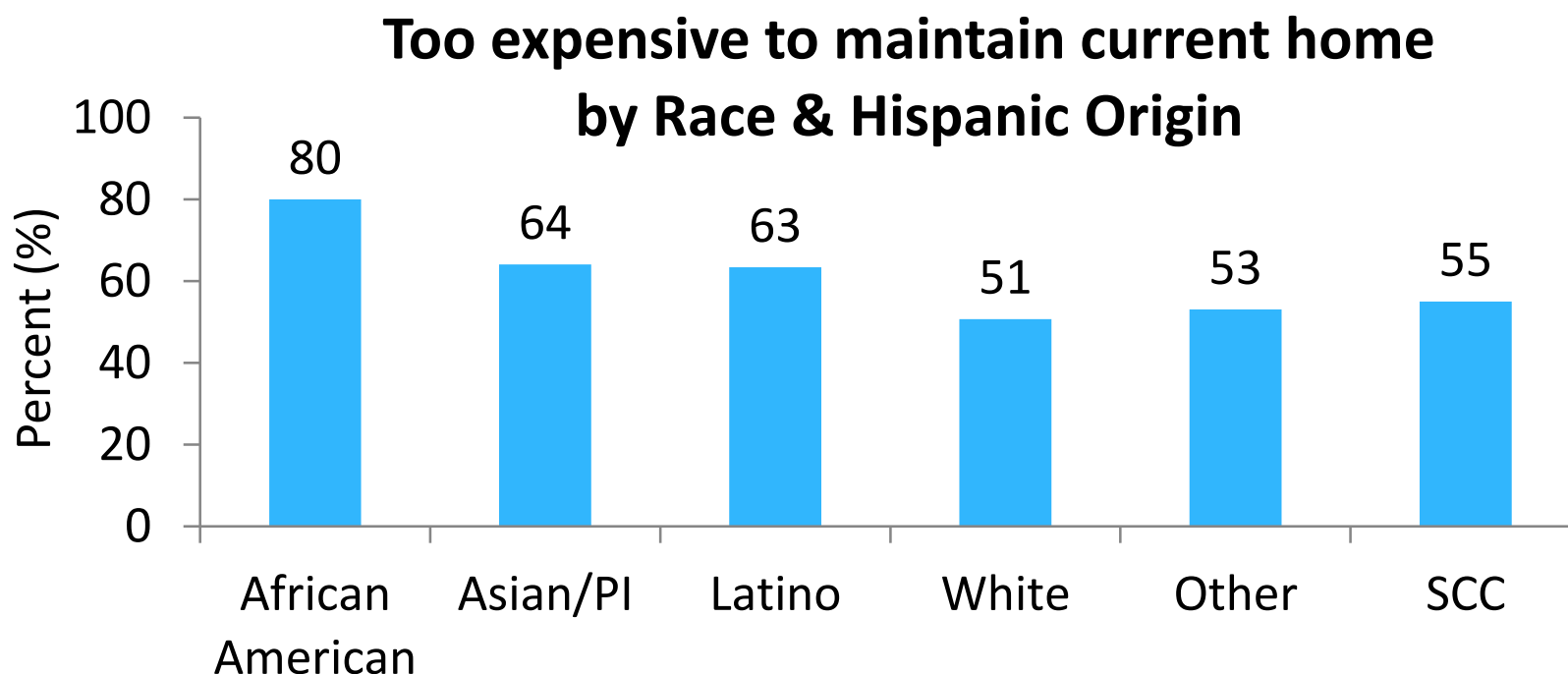


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Reason to Move: Too expensive to maintain current home

- Compared to other racial/ethnic groups, a higher percentage of African Americans seniors reported considering moving out of their city because of the expense of maintaining their current home.

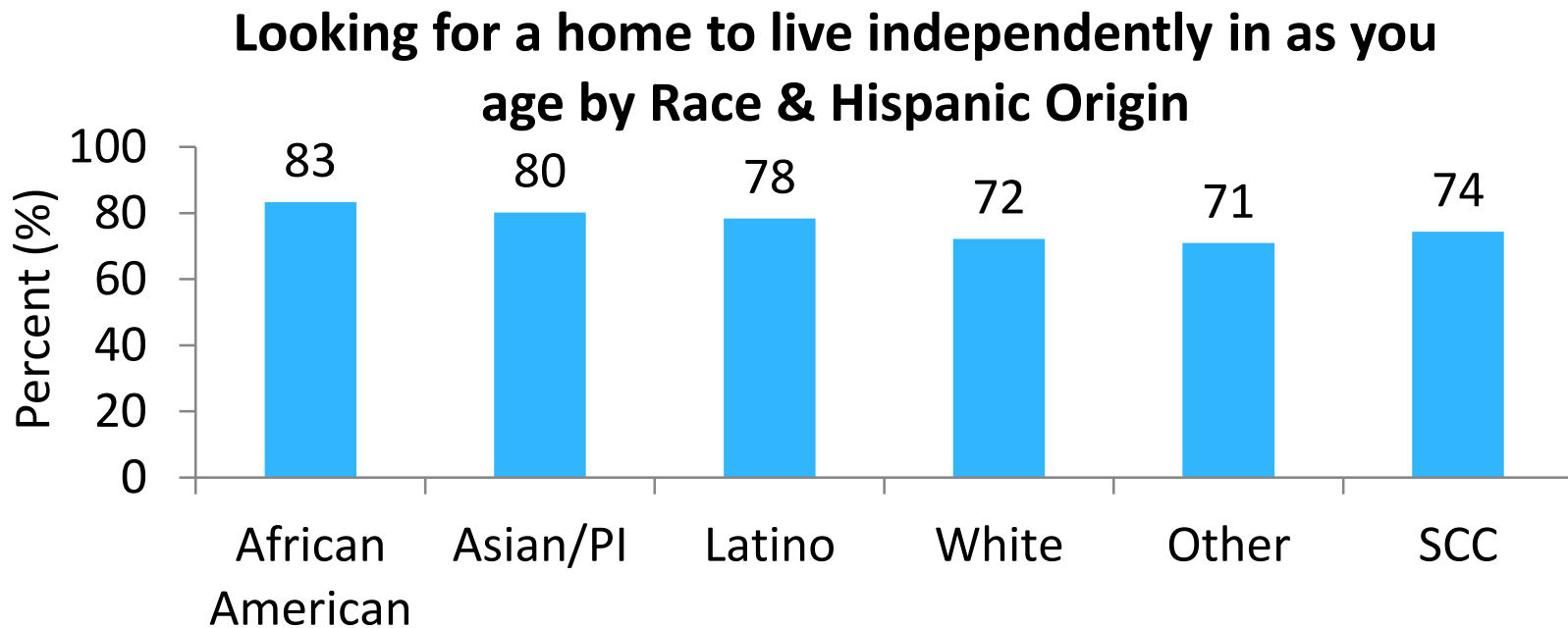


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Reasons to Move: Looking for a home to live independently

- Compared to other racial/ethnic groups, a higher percentage of African Americans seniors reported considering moving out of their city because they were looking for a home to live independently in as they aged.



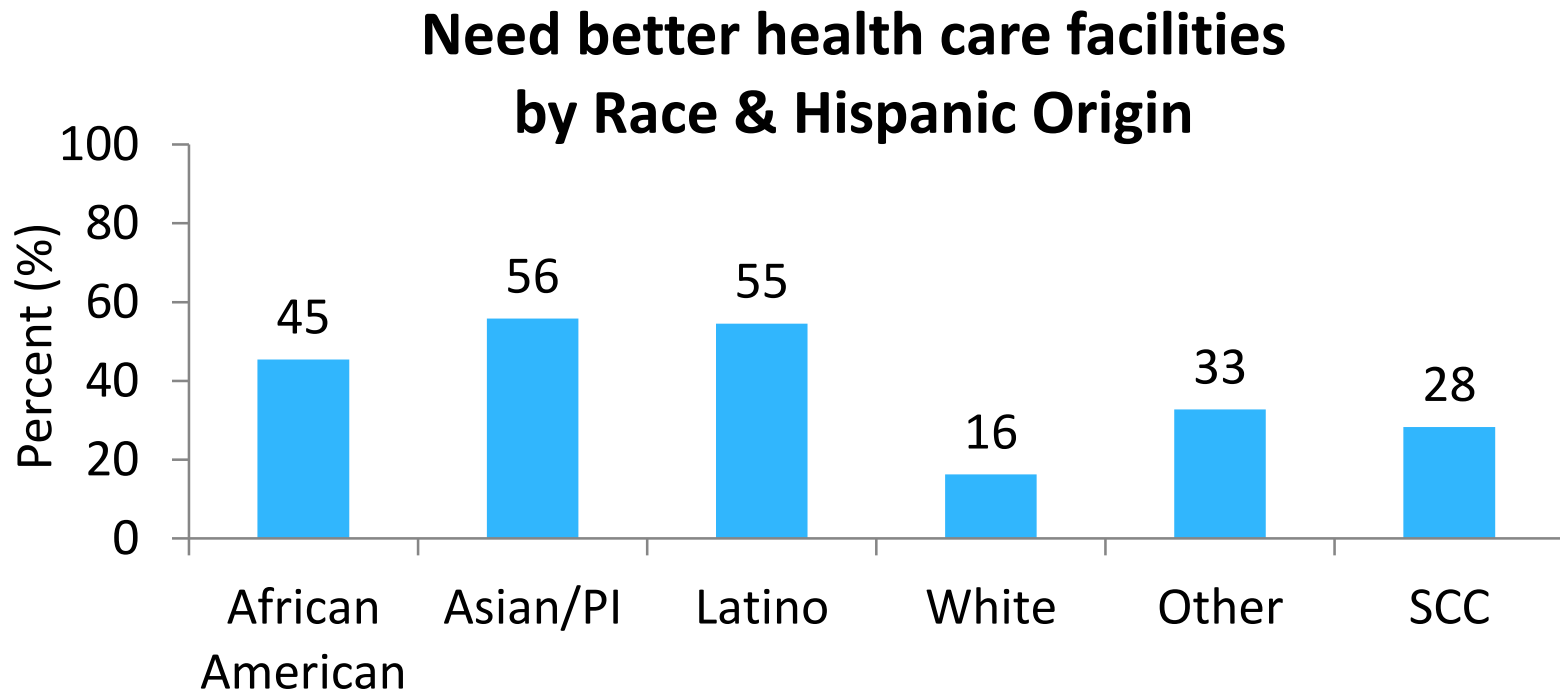
Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Reasons to Move:

Need better health care facilities

- A greater percentage of Asian/PI and Latino seniors reported considering moving out of their city because they would need better health care facilities compared to seniors of all other racial/ethnic groups and the County overall.

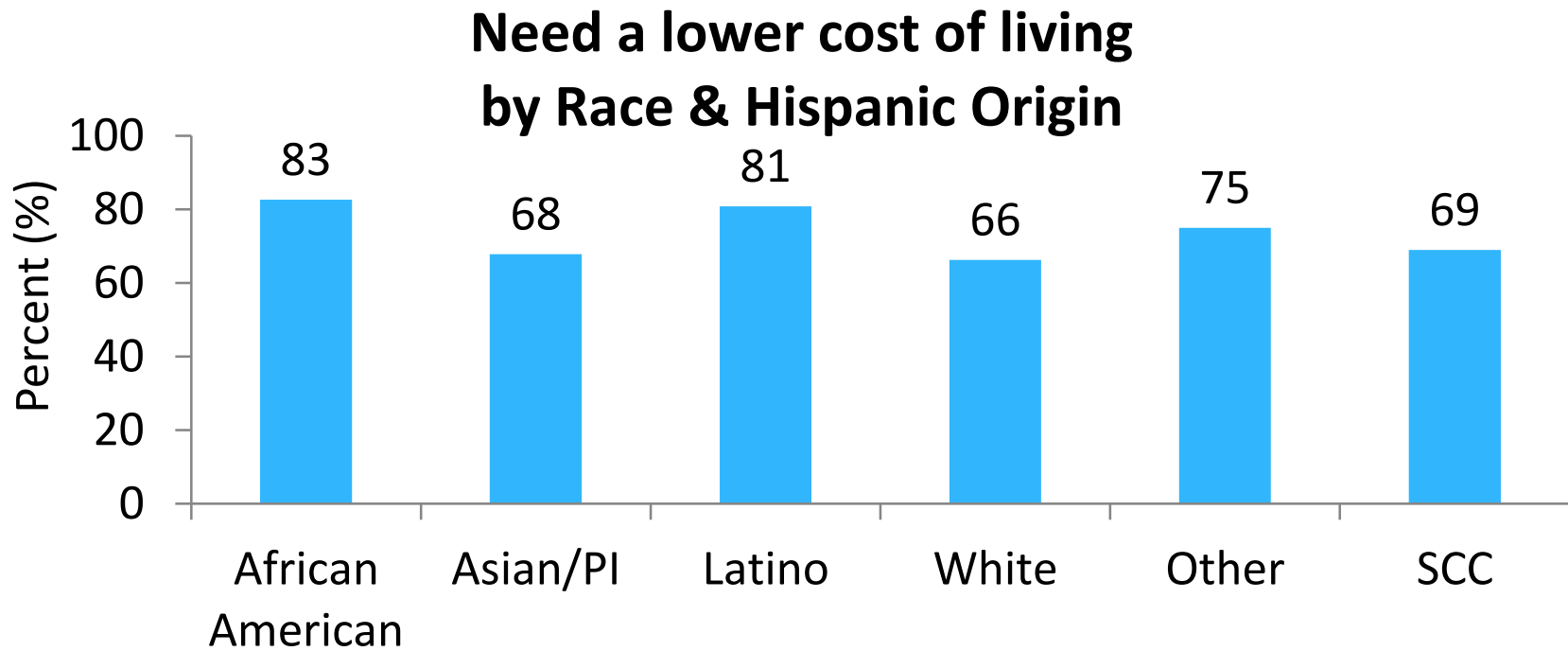


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Reasons to Move: Need a lower cost of living

- A greater percentage of African Americans and Latino seniors reported moving out of their city due to the cost of living compared to Asian/Pacific Islander and White seniors.

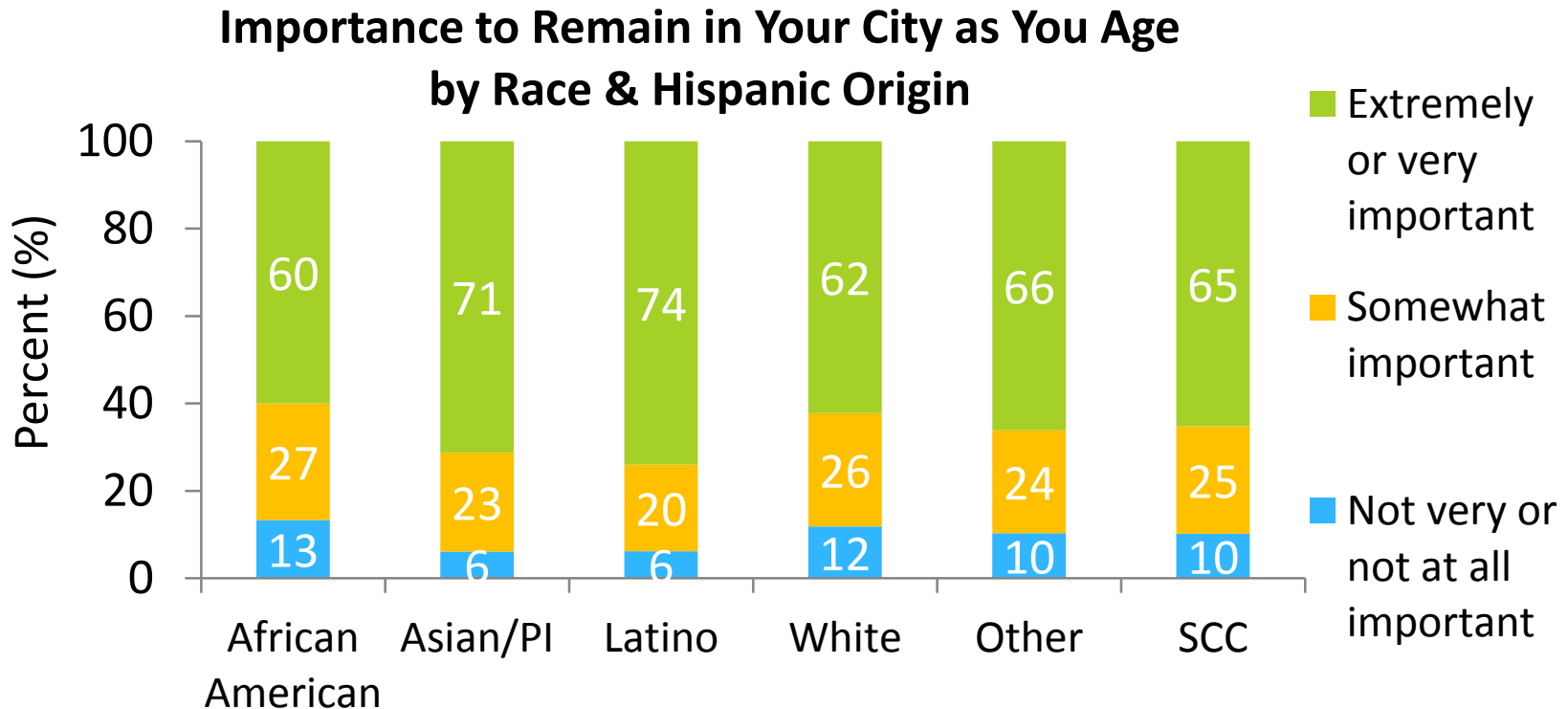


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Remain in City while Aging

- Latino and Asian/Pacific Islander seniors were slightly more likely to report that it is extremely or very important for them to remain in their city as they age, compared to African American and White senior adults.



Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

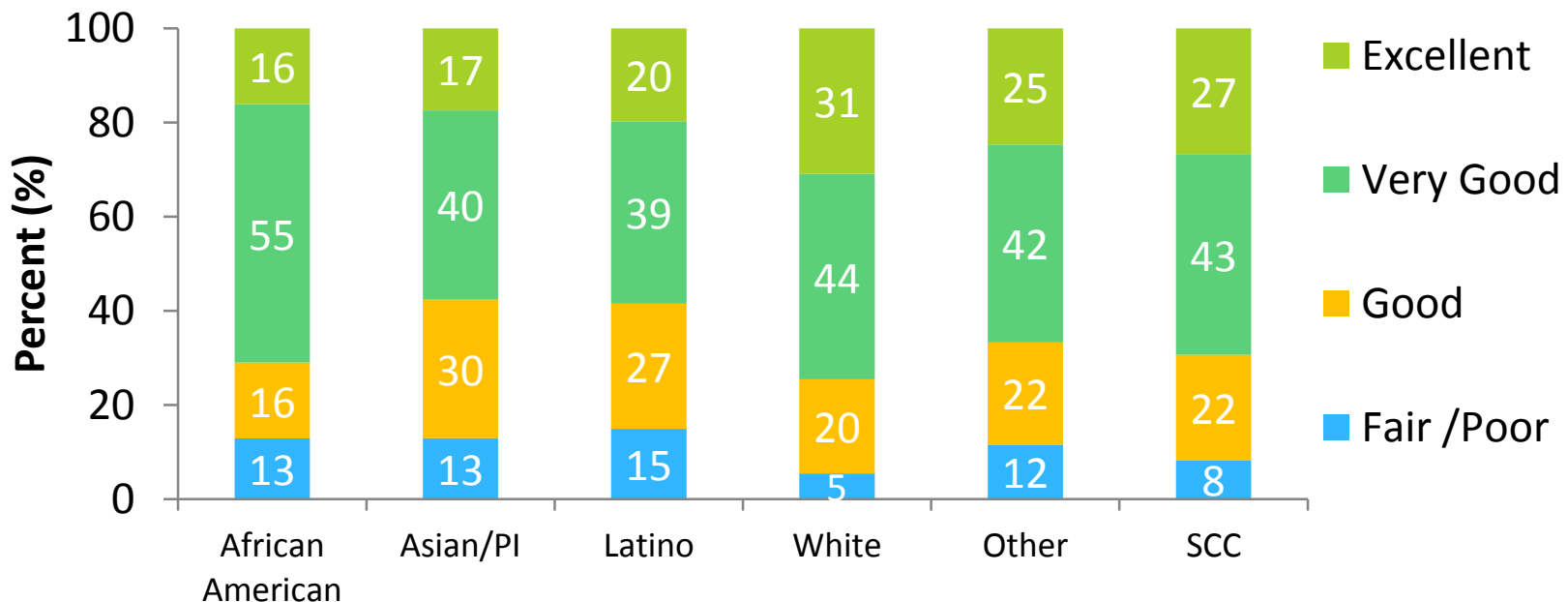
Health and Wellness



Self Rating of Health by Race & Hispanic Origin

- A greater percentage of Latino (15%), African American (13%) and Asian/Pacific Islander (13%) adults reported their overall health as being fair or poor, compared to White adults (5%) and the County overall (8%).

Self Rating of Health by Race & Hispanic Origin



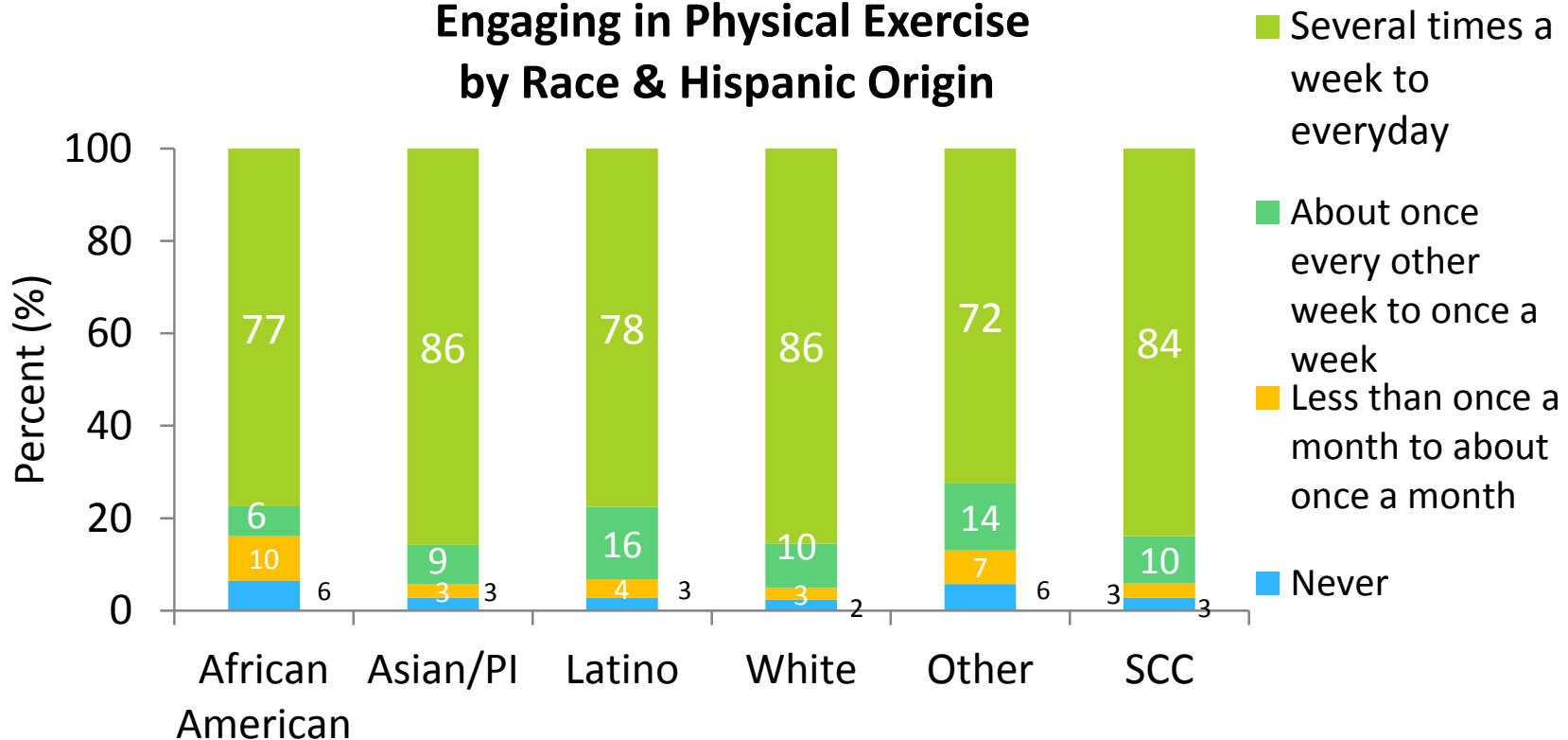
Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Engaging in Physical Exercise by Race & Hispanic Origin

- A greater percentage of White and Asian/PI (86%) seniors report engaging in physical activities several times a week to everyday, compared to African American (77%) and Latino (78%) seniors.

**Engaging in Physical Exercise
by Race & Hispanic Origin**

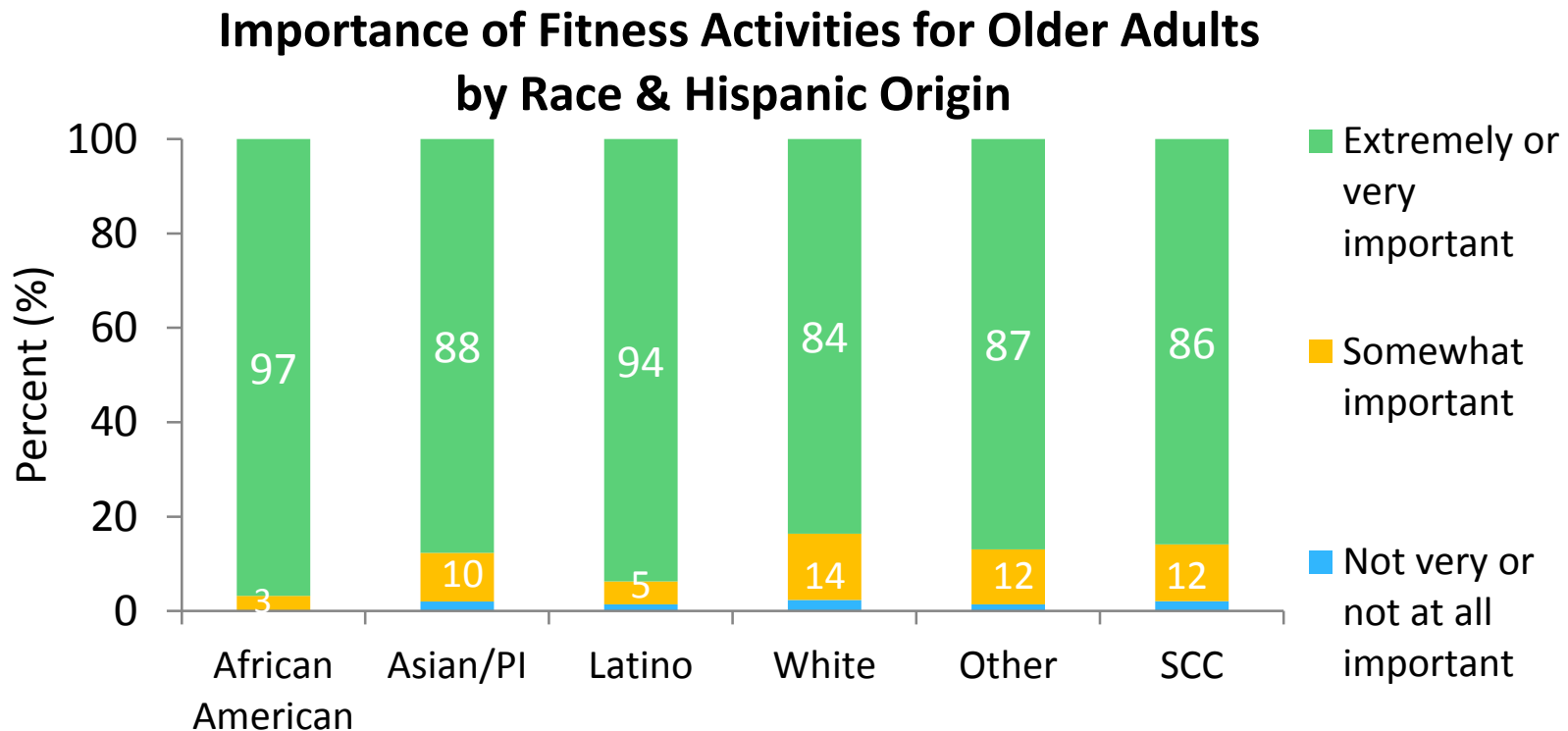


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Importance of Fitness Activities for Older Adults by Race & Hispanic

- Older adults of all racial/ethnic groups feel it is important to have fitness activities specifically geared to older adults.

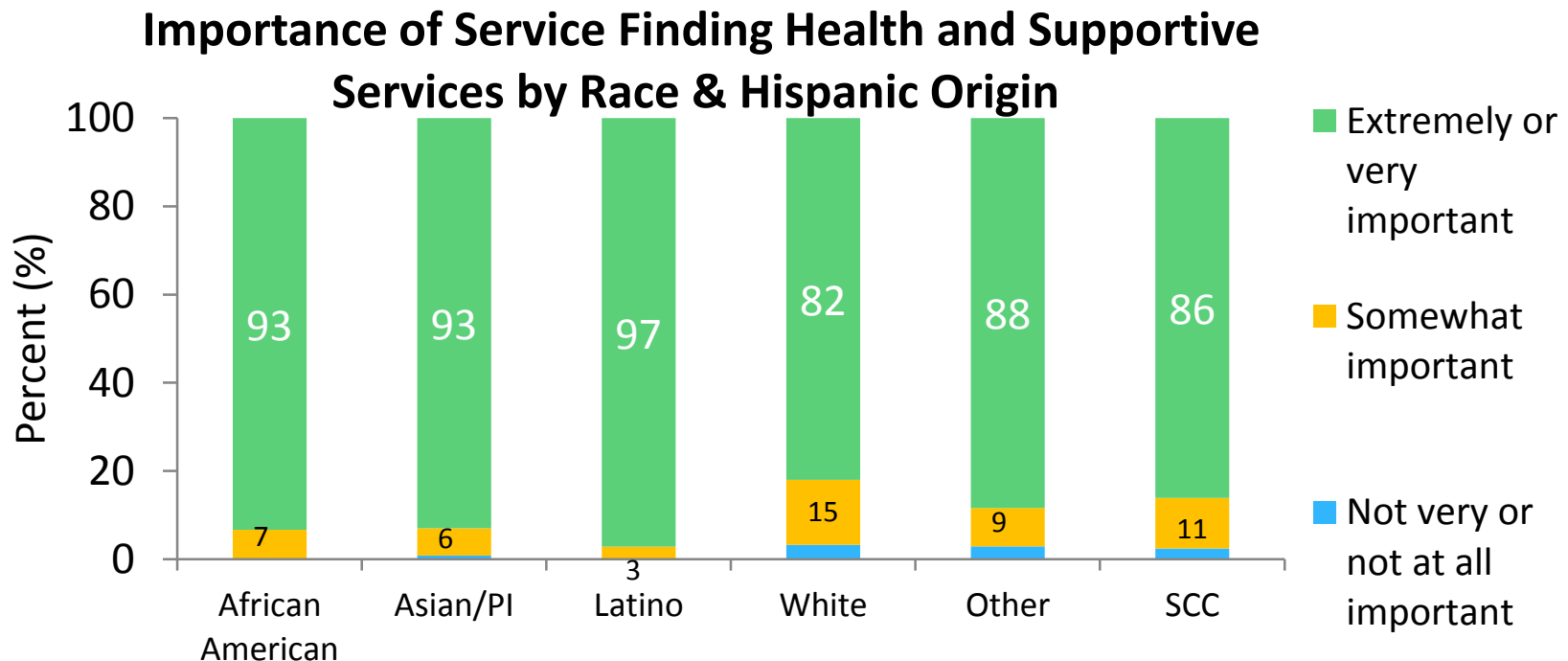


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding. Values for not very or not at all important are not shown. All percentages were between 1-2% for Asian/PI, Latino, White, Other and SCC overall.

Importance of Service Helping Seniors Finding Health and Supportive Services by Race & Hispanic Origin

- A greater percentage of African American (93%), Asian/PI (93%) and Latino (97%) adults feel it is extremely very important to have a service that helps seniors find an access health and support services, compared to White (82%) adults.

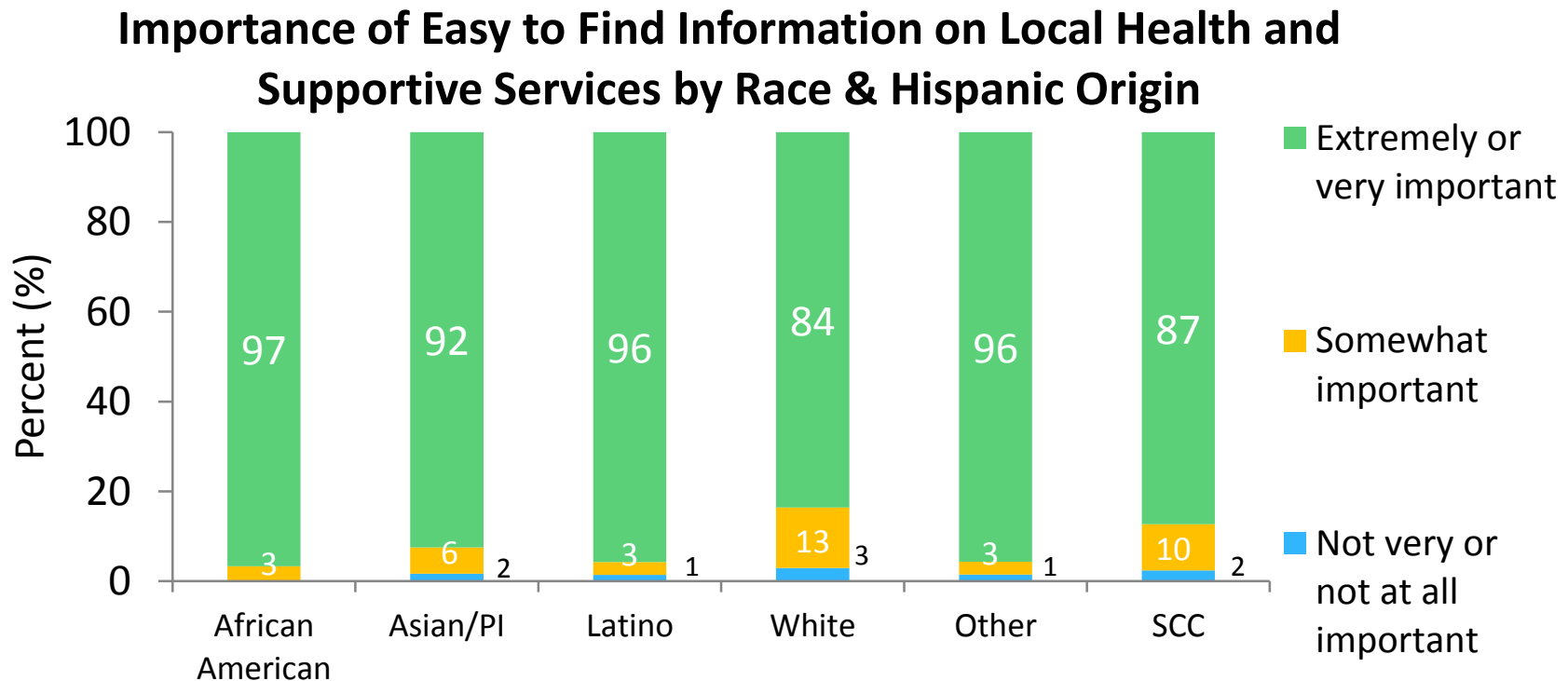


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding. Values for not very or not at all important are not shown. All percentages were between 1-3% for Asian/PI, White, Other and SCC overall.

Importance of Easy to Find Information on Local Health and Supportive Services by Race & Hispanic Origin

- A greater percentage of African American (97%), Asian/PI (92%) and Latino (96%) adults feel it is extremely or very important to find information on local health and supportive services compared to White (84%) adults.

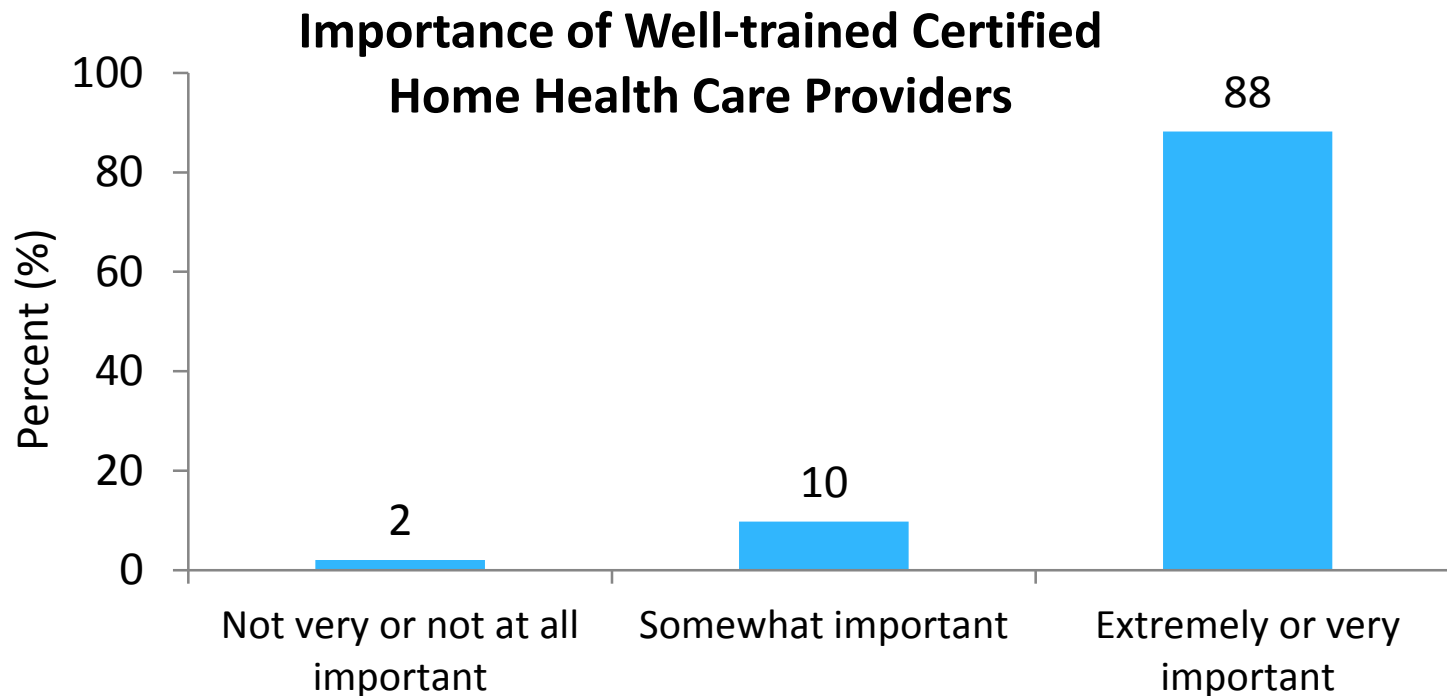


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Importance of Well-trained Certified Home Health Care Providers

- 88% of older adults in Santa Clara County feel it is extremely or very important to have well-trained certified home health care providers in their city.



Source: 2016 Santa Clara County Age-Friendly Survey

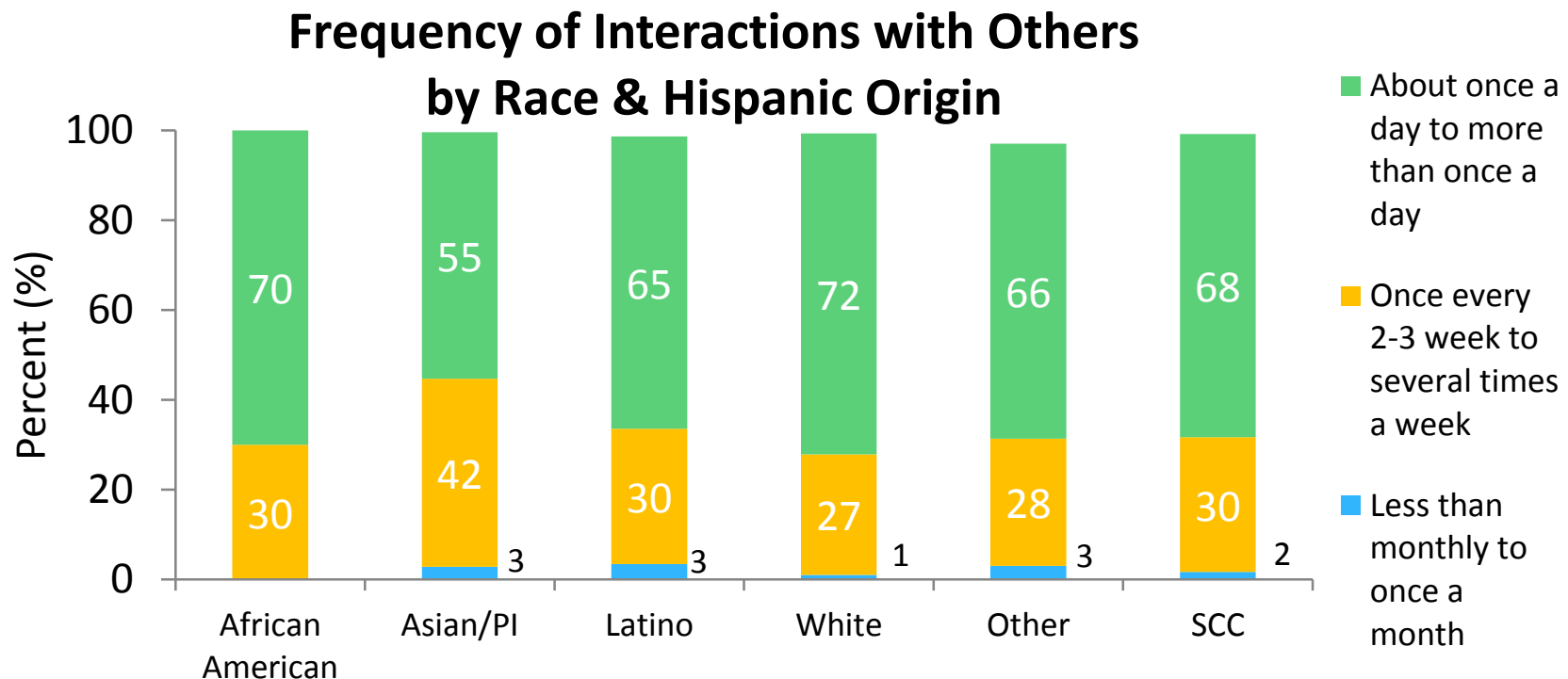
Note: Some percentages may not add up to 100 or be exact due to rounding.

Social Participation, Inclusion and Education Opportunities



Frequency of Interactions with Others by Race & Hispanic Origin

- Fewer Asian/PI (55%) and Latino (65%) seniors report interacting with friends, family or neighbors in their city about once a day or more than once a day compared to African American (70%) and White (72%) seniors.

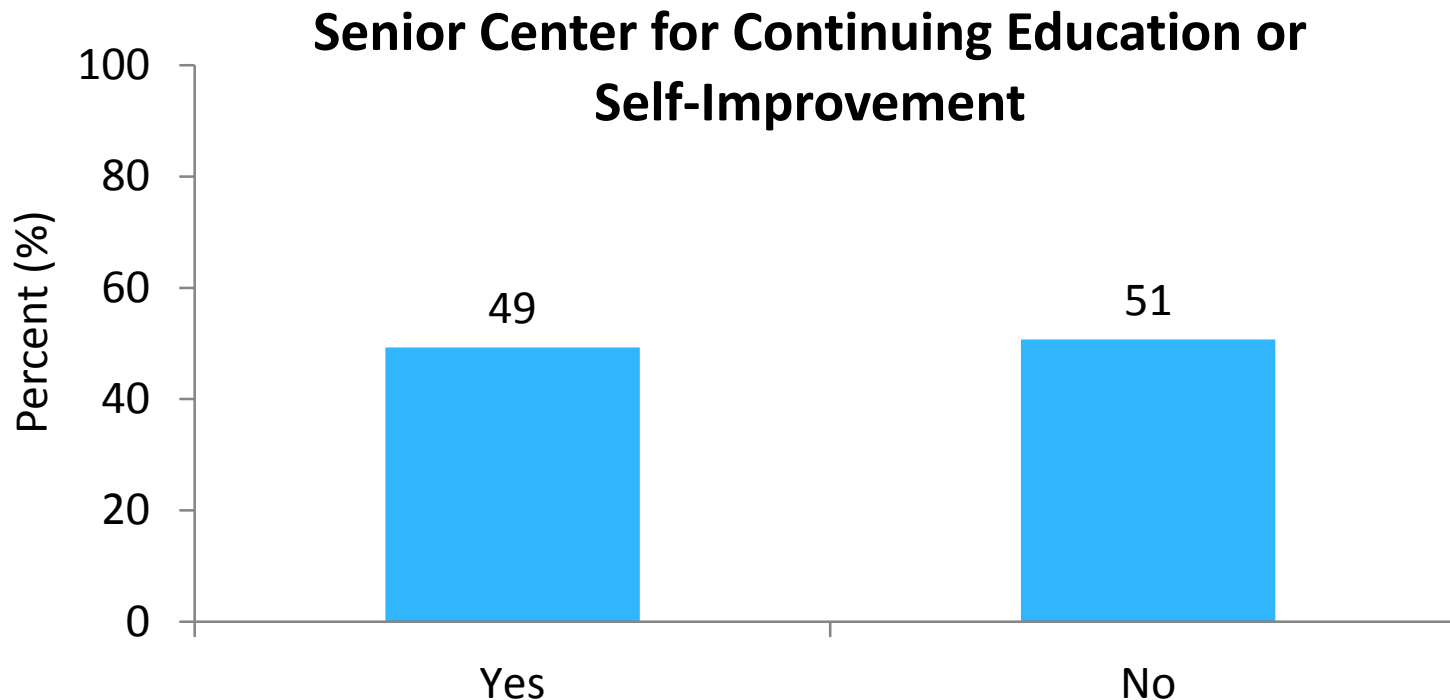


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding. Data not shown for “Never” interacting, since all percentages were less than 3%.

Senior Center for Continuing Education or Self-Improvement

- 51% of respondents in Santa Clara County reported that they typically go to a senior center for continuing education and self-improvement.

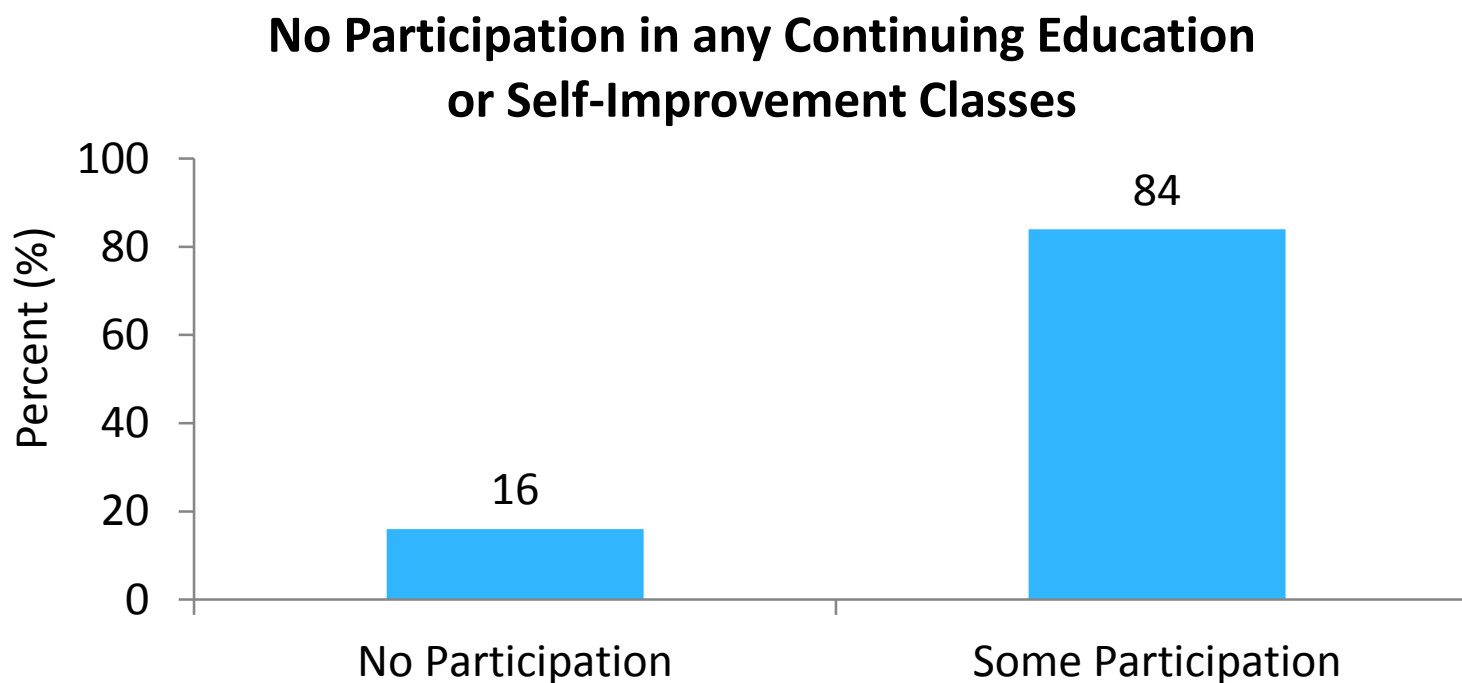


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

No Participation in any Continuing Education or Self-Improvement Classes

- 1 out of 6 respondents (16%) said that typically, they do not participate in any continuing education or self-improvement classes.

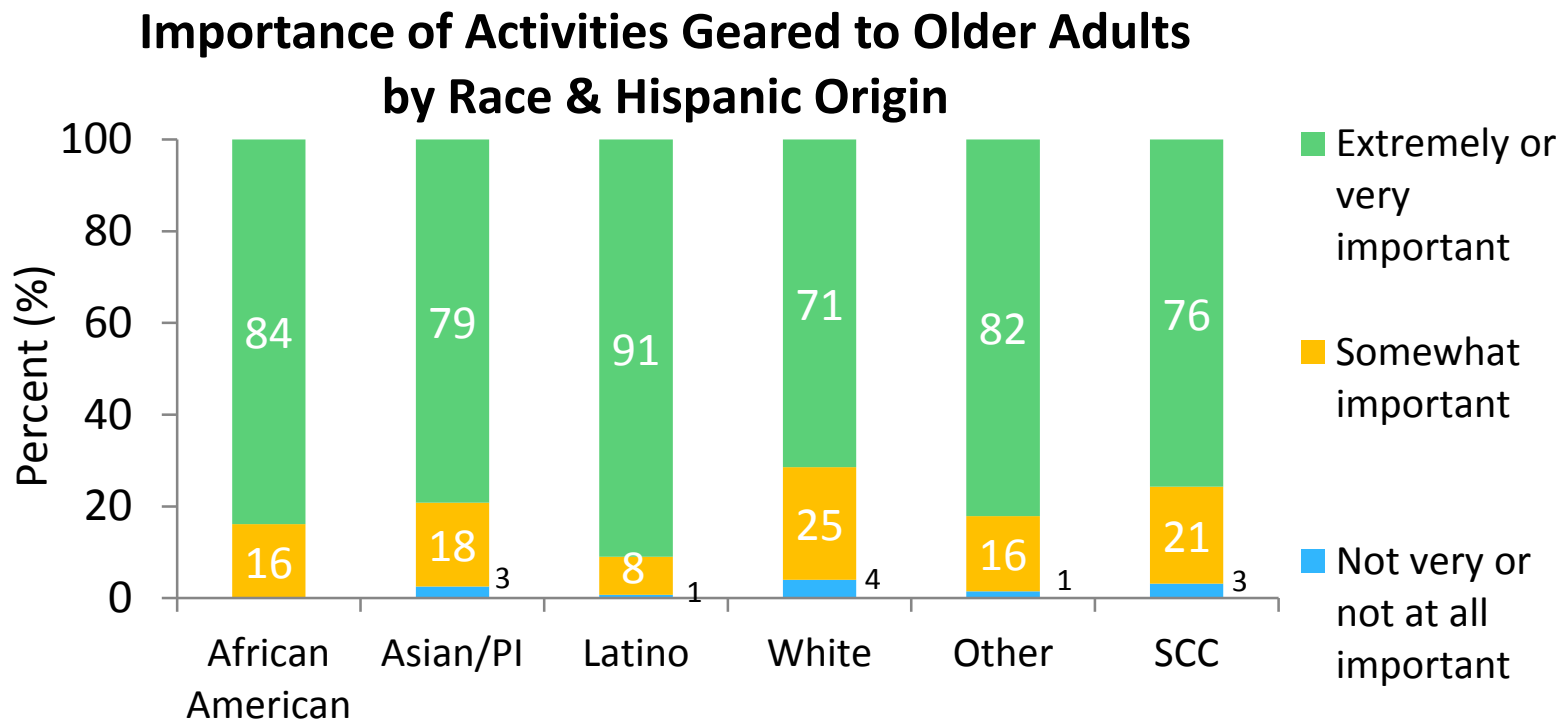


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Importance of Activities Geared to Older Adults by Race & Hispanic Origin

- Compared to other racial/ethnic groups, a greater percentage of Latino seniors (91%) said it was extremely or very important to have activities specifically geared to older adults in their cities.

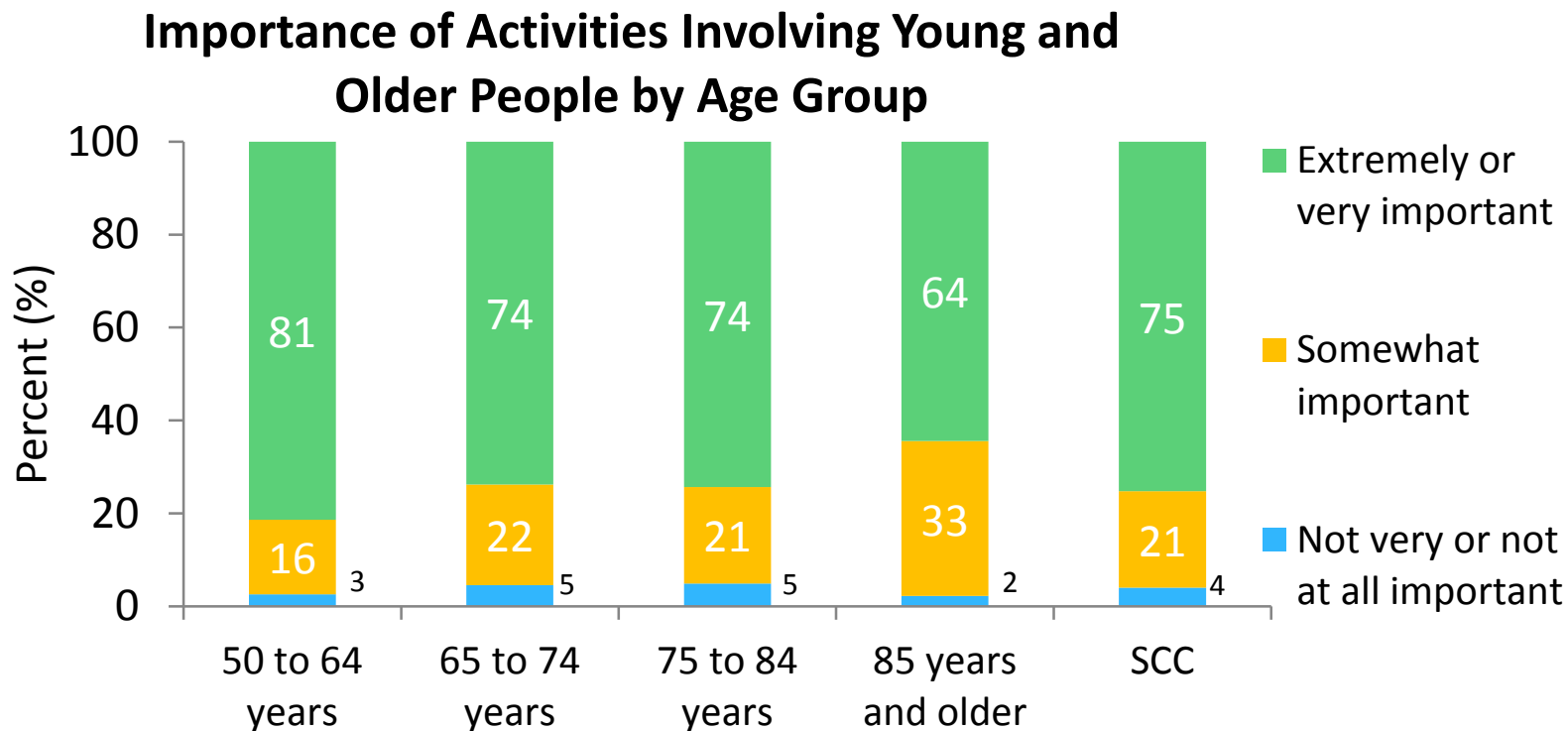


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Importance of Activities Involving Young and Older People by Age Group

- A greater percentage of younger seniors between the ages of 50 and 64 felt it was extremely or very important to have activities involving young and older people in their cities.

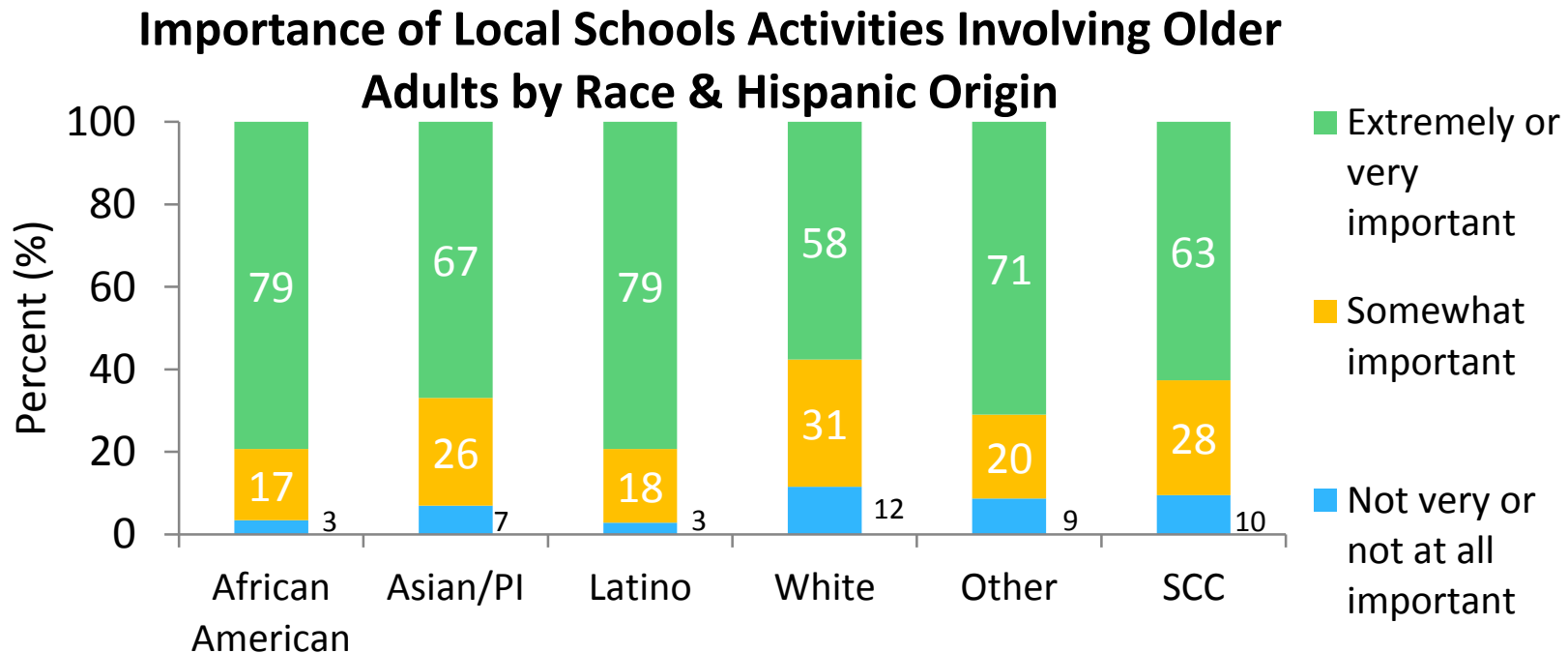


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Importance of Local Schools Activities Involving Older Adults by Race & Hispanic Origin

- A greater percentage of African American and Latino seniors (79%) said it was extremely or very important to have local schools in their cities that involve older adults in event and activities.

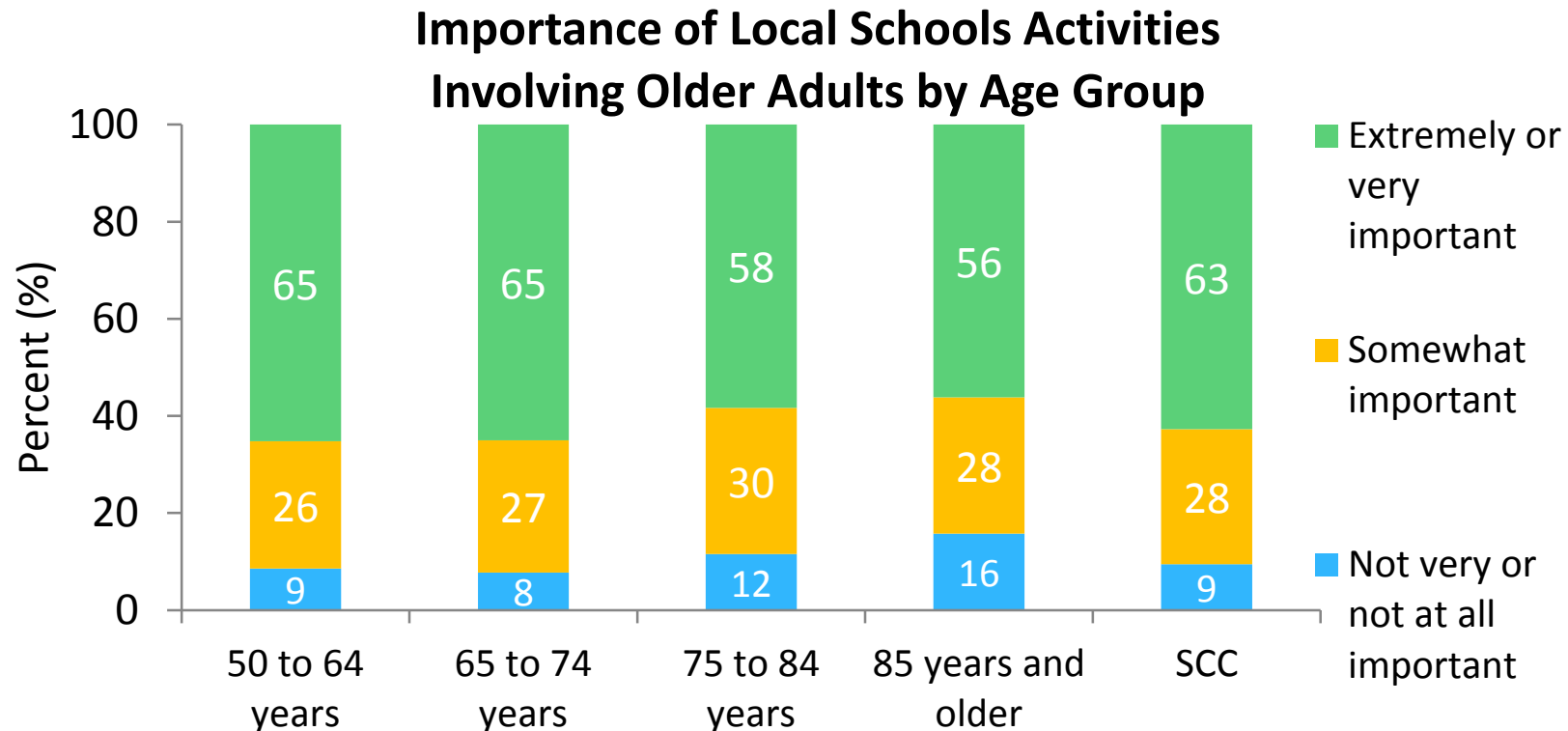


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Importance of Local Schools Activities Involving Older Adults by Age Group

- A greater percentage of seniors below the age of 75 said it was extremely or very important to have local schools in their cities that involve older adults in event and activities.



Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

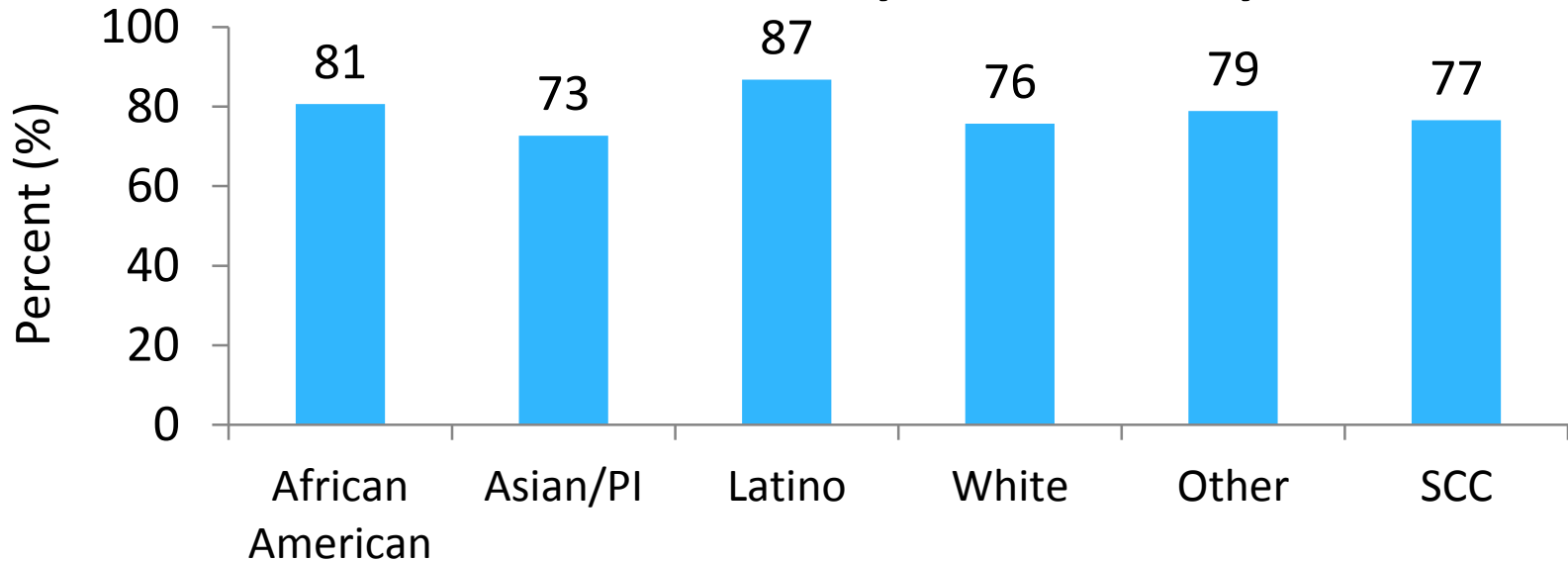
Volunteering and Civic Engagement



Importance of a Large Selection of Volunteer Activities

- A greater percentage of African American (81%) and Latino (87%) seniors said it was very or extremely important to have a range of volunteer activities to choose from, compared to seniors of all other racial/ethnic groups.

Importance of Large Selection of Volunteer Activities by Race/Ethnicity

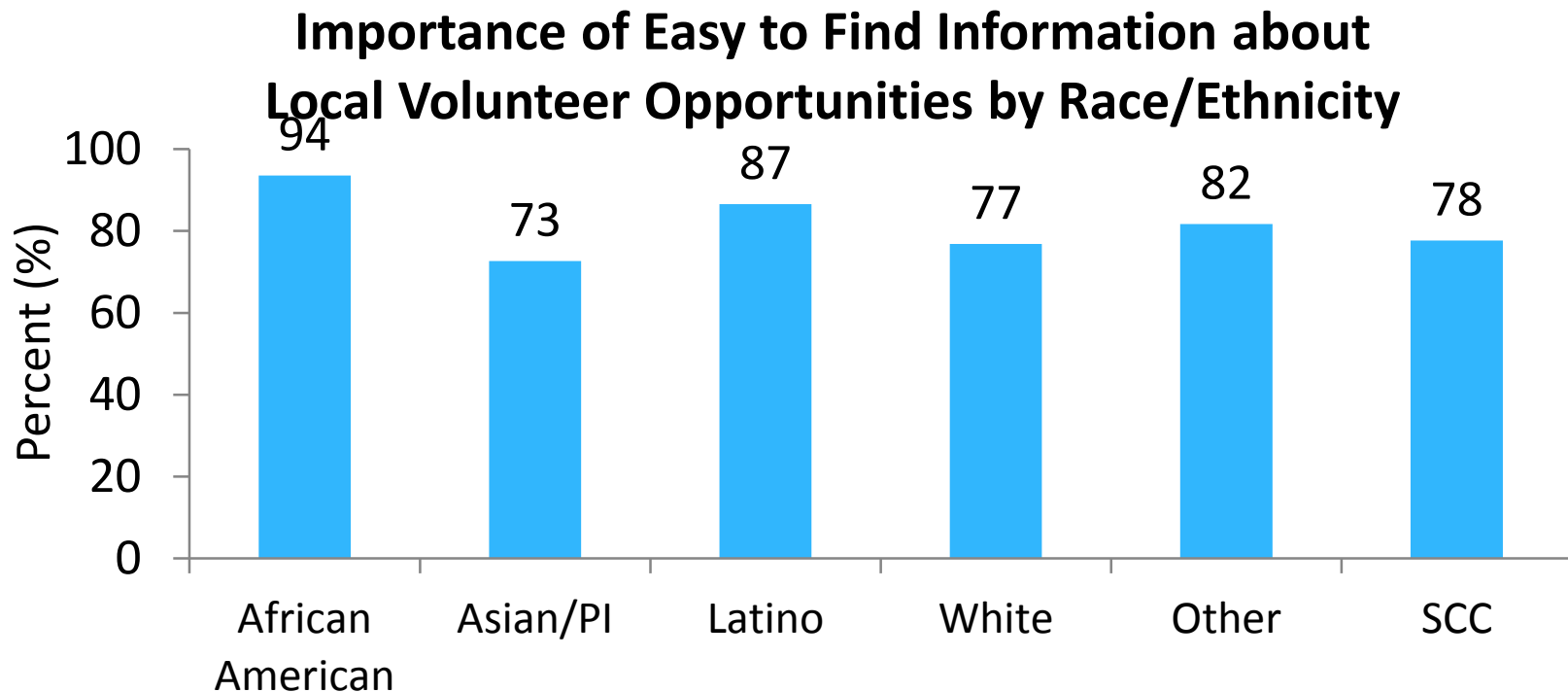


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Importance of Easy to Find Information about Local Volunteer Opportunities

- A greater percentage of African American (81%) and Latino (87%) seniors said it was very or extremely important to have easy to find information about local volunteer opportunities, compared to seniors of all other racial/ethnic groups.



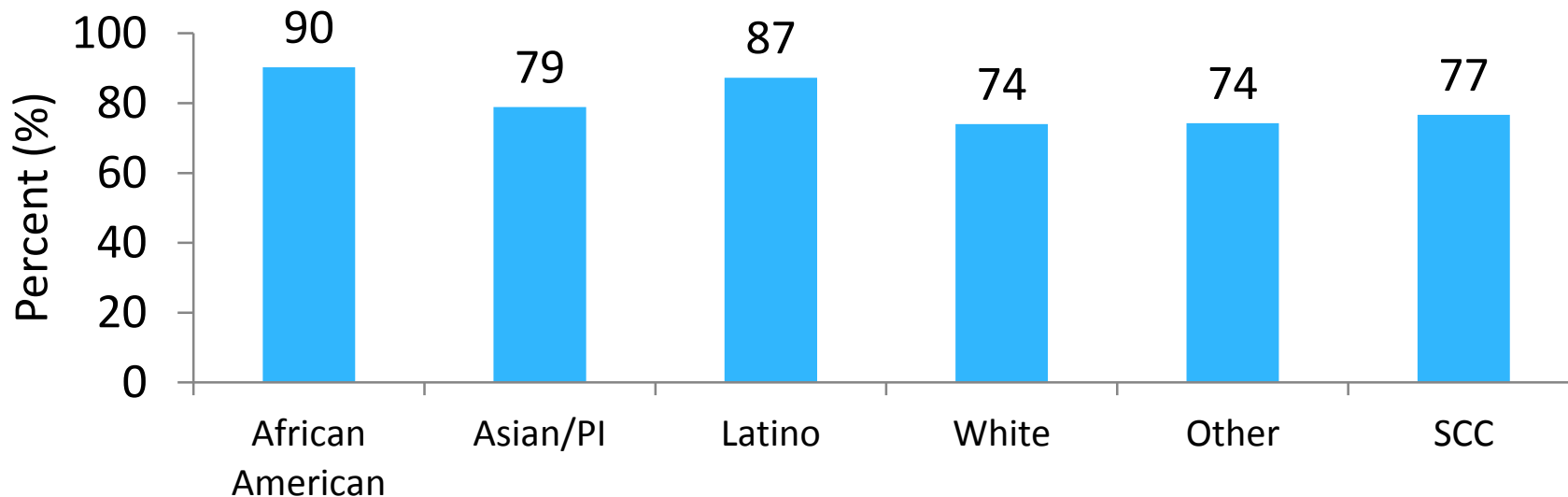
Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Importance of Transportation to and from Volunteer Activities for Those Who Need It

- A greater percentage of African American (81%) and Latino (87%) seniors said it was very or extremely important to have transportation to and from volunteer activities for those who need it, compared to seniors of all other racial/ethnic groups.

Importance of Transportation to and from Volunteer Activities for Those Who Need It by Race/Ethnicity

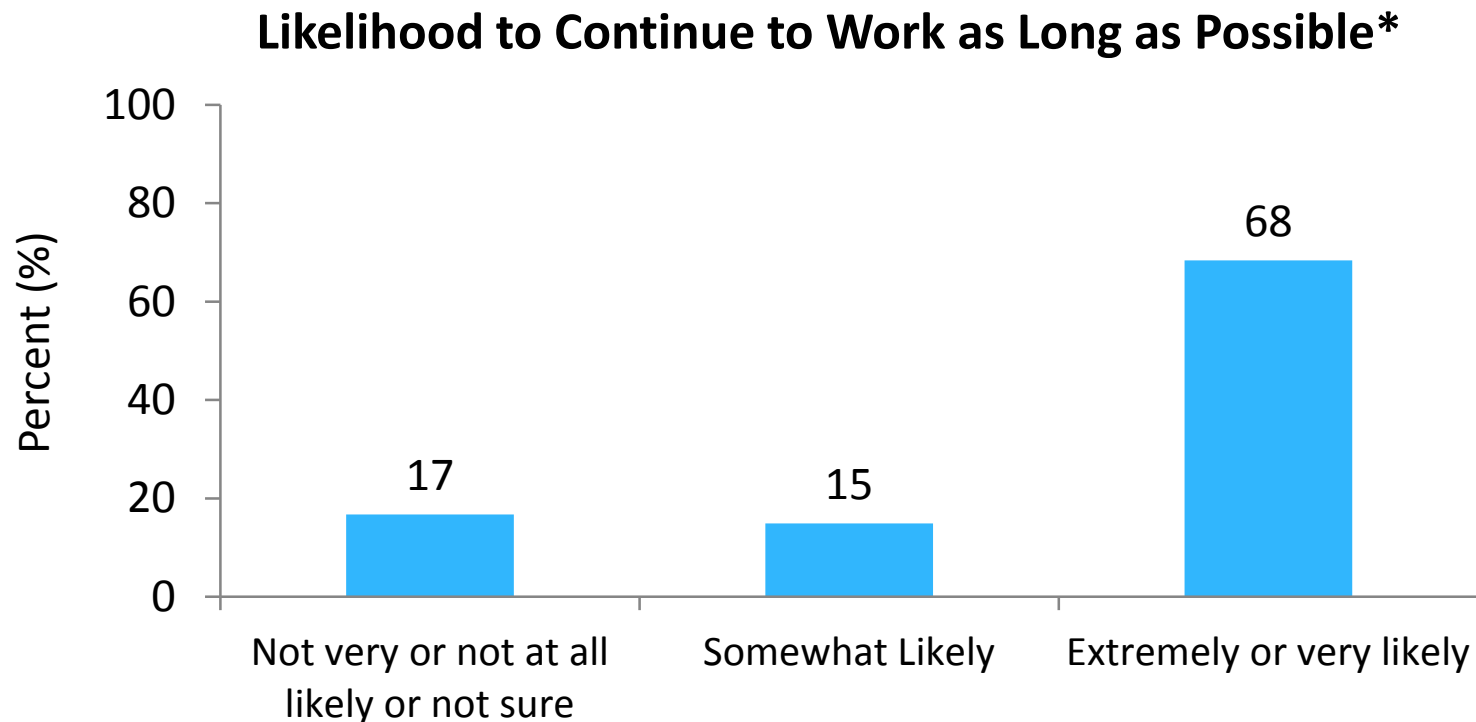


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Likelihood to Continue to Work as Long as Possible

- 68% of working seniors said that they were extremely or very likely to continue to work for as long as possible.



Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

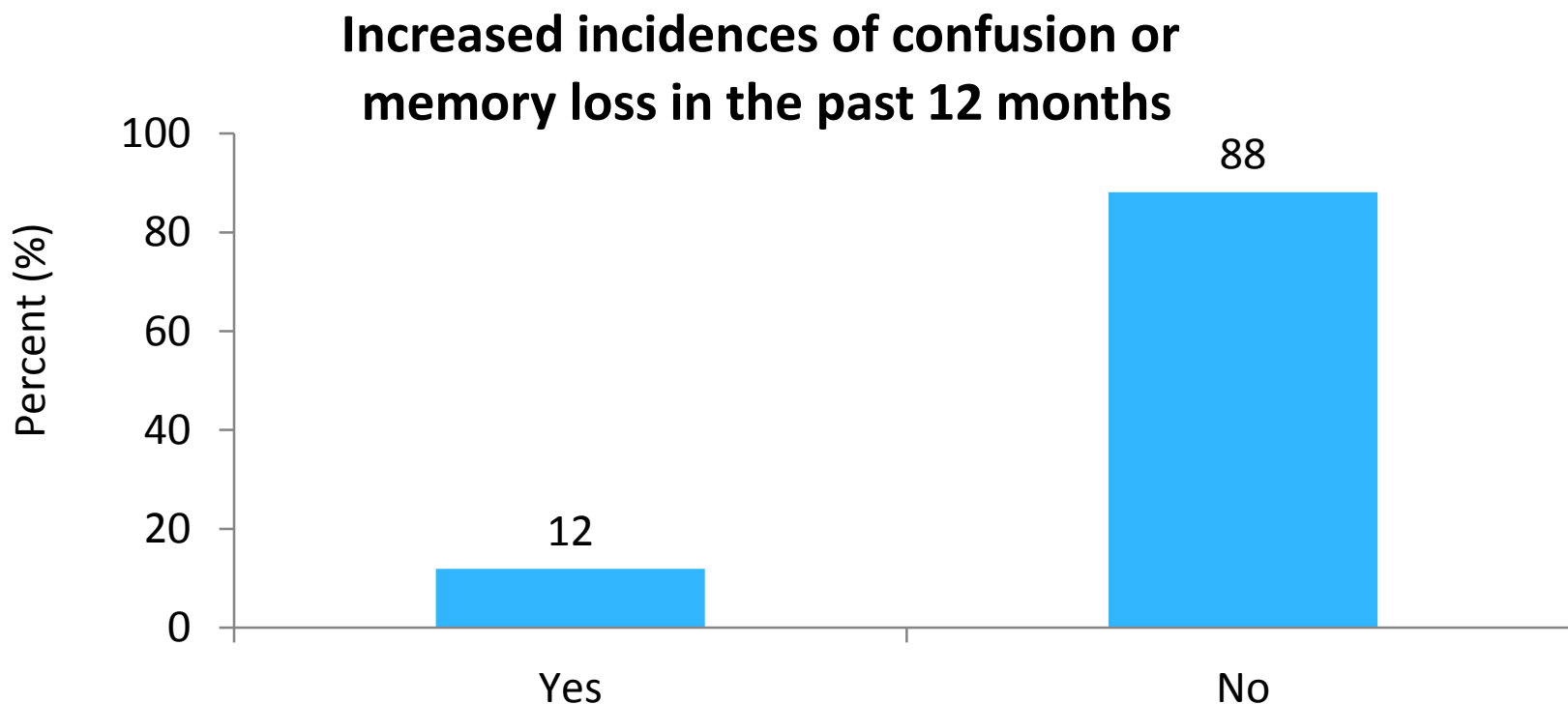
*Data are seniors who are currently employed, full time or part-time, and seniors who are unemployed but looking for work. Seniors who are retired or not in the labor force for some other reason were not asked this question.

Dementia



Increased Incidences of Confusion or Memory Loss

- 88% of respondents said they experienced increased incidences of confusion or memory loss in the past 12 months.

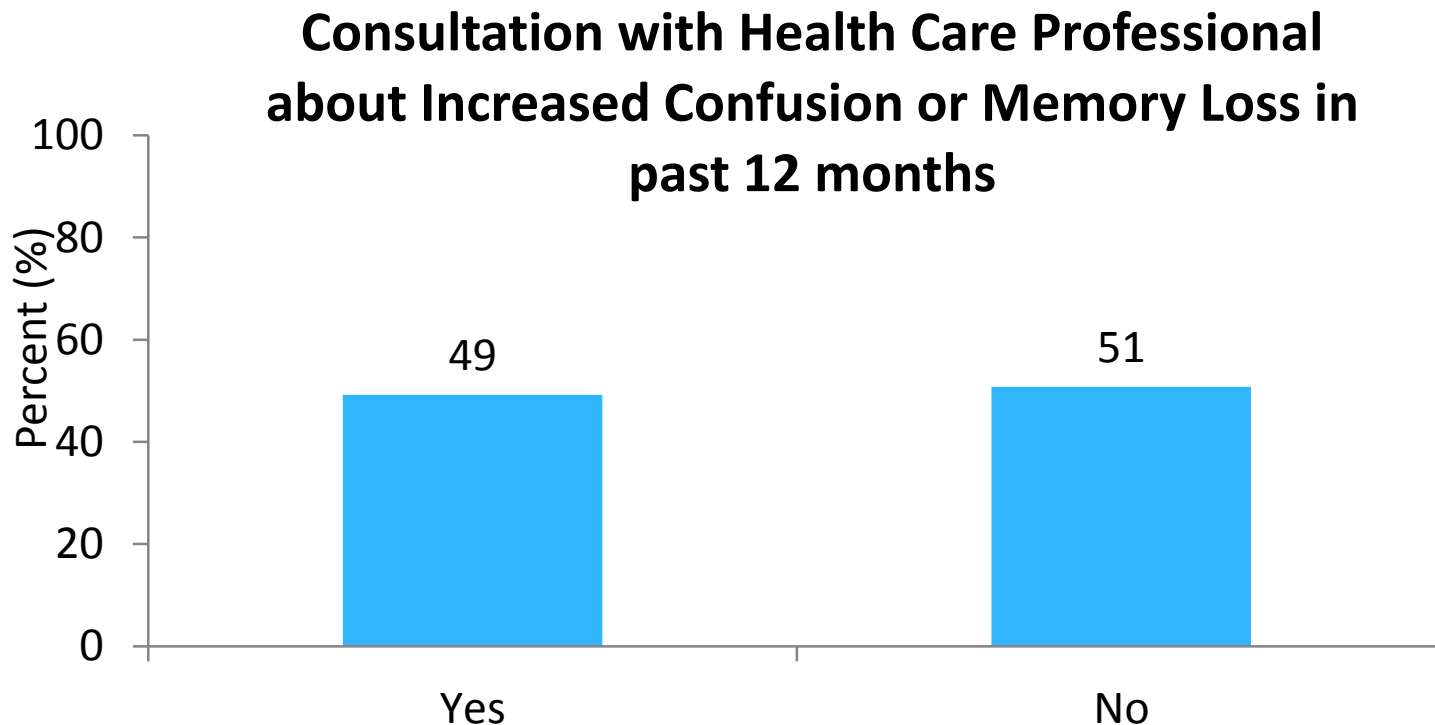


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Consultation with Health Care Professional about Increased Confusion or Memory Loss

- 49% of respondents who had increased confusion and memory loss during the past 12 months said they had a consultation with a health care professional.

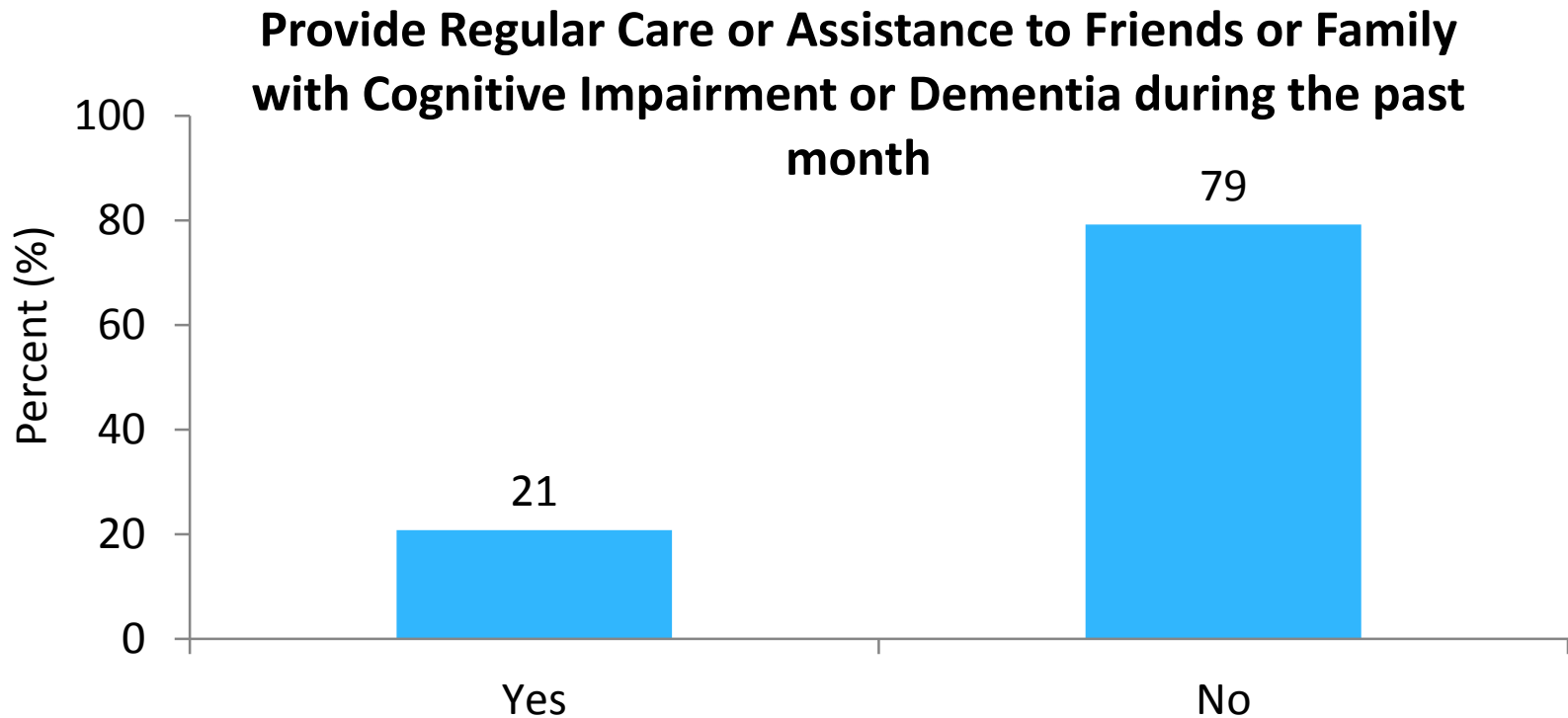


Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Provide Regular Care or Assistance to Friends or Family with Cognitive Impairment or Dementia

- 21% of respondents said they provided regular care or assistance to friends or family with cognitive impairment of dementia during the past month.



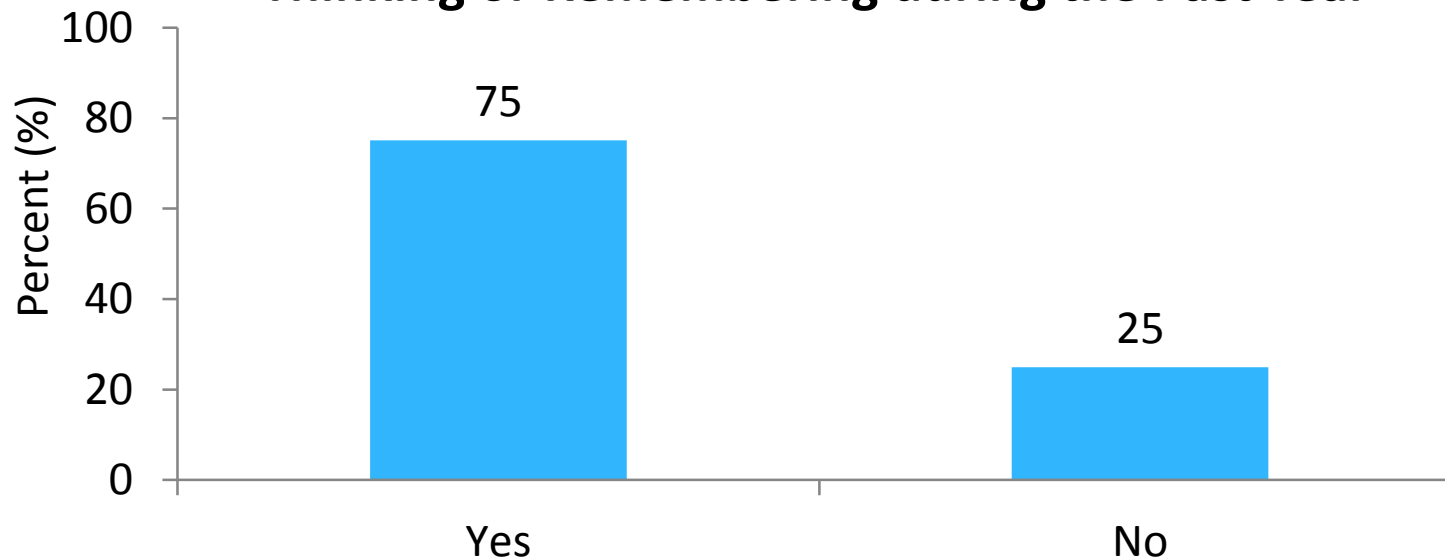
Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

The Person You Care for Experienced Changes in Thinking or Remembering during the Past Year

- 3 out of 4 respondents (75%) observed changes in the thinking or remembering of the person they care for during the past year.

The Person you Care for Experienced Changes in Thinking or Remembering during the Past Year



Source: 2016 Santa Clara County Age-Friendly Survey

Note: Some percentages may not add up to 100 or be exact due to rounding.

Community Support Needed to Care for Someone with Memory Problems or a Diagnosis with Dementia

- ❑ The top community supports respondents felt would be most helpful in caring for someone with memory problems or a diagnosis with dementia are:
 - ❑ Access to a physician who is trained in the diagnosis, assessment, and management of dementia
 - ❑ 24/7 access to specialists who can answer questions about dementia, medications and treatment options, care, options, care giving tips, services, available in your community referrals
 - ❑ Respite care
 - ❑ Legal and advance planning advice

SSA Office of Research & Evaluation

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